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THE STATESMAN

KEWASKUM

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www.kewaskumstatesman.com

75¢

State legislature looking at removal of Native American references in mascots

By Andrew Kuehl

andrew@kewaskumstatesman.com | 262.370-0831

A group of six state democrat senators have proposed a bill requiring the state to investigate complaints about race-related mascots in state schools. The bill could have implications for the Kewaskum School District who proudly refer to themselves as the Indians.

That name stems back to Kewaskum's founding father, Chief Kewaskum of the Potawatomi Tribe who is believed to have settled in Kewaskum in the 1840's. Another founding father Jesse Myers is believed to have named the community to honor the Chief

Chief Kewaskum is believed to have settled on a high hill in the vicinity of what is now the Village of Kewaskum. At that time, the hill was known as "Indian Hill" and had a roomy depression on it's top. This hill is thought have been the hill in River Hill Park.

Senate Bill 25 and it's Assembly companion Bill 35 were introduced on February 3, 2009 for the 2009-'10 legislative session. The bill is not yet in a committee but will eventually be referred to the Education Committee in the future.

Legislative action on the matter has come and gone through the years. In 1992, then Attorney General Jim Doyle issued an opinion stating an American Indian logo or mascot could constitute discrimination.

In December of 2005, State Su-

perintendent of Schools Elizabeth Burmaster issued a memo to 39 school districts, including Kewaskum regarding an American Psychological Association (APA) resolution adopted calling upon school districts to end the use of American Indian mascots, symbols, images and personalities.

Senate Bill 25 proposes that a school district resident may object to the use of a race-based name, nickname, logo, or mascot by the school board of that school district by filing a complaint with the state superintendent. The state superintendent would then notify the school board of the complaint and schedule a con-

Please see Indians, page 4

Village Board approves Gavin TIF development

By Mitch Maersch

For The Statesman

KEWASKUM- In an effort to build something this year in Kewaskum's tax incremental finance (TIF) district number two, the Village Board on Monday agreed to Gary Gavin's request to switch engineering firms for two projects.

Gavin has proposed a storage facility with offices that could be used for businesses on the southern part of the TIF District and an unconnected strip mall on the northern part. Various issues, including the historically bad economy, have held up projects on the TIF District. Gavin said if the village switched engineers, he could have plans in two weeks for sewer and water on the projects.

Gavin's request asks for McMahon and Associates of Neenah to do the engineering work for the village and Ruekert-Mielke of Waukesha to calculate the build out.

Gavin said he would be willing to work with anyone but Ruekert-Mielke, which the village has almost exclusively used as its engineer for years.

Andy Petersen, supervisor with Ruekert-Mielke, argued his firm's case. Bringing in another consultant is not cost effective and could lead to items of review being omitted.

Gavin said he would be willing to take on the extra costs.

Jeffrey Hansen, a project engineer with McMahon and Associates, said his firm is willing and capable to serve the village in whatever capacity is required.

Gavin said he doesn't want to wait to finalize a developer's agreement because it will take months.

"Our clock is running very short on being able to build in '09," Gavin said.

"To me this comes down to do we want to develop this year," or allow the TID to move along on its own," Trustee Kevin Scheunemann stated, noting the urgency.

Village Administrator Matt Heiser cautioned the board may set a precedent on how it deals with developers by how it acts on the request. A letter from the village attorney in November said an agreement would have been reached had certain conditions been met. Those, a waiver in points of contention in the notice of claim and satisfaction with the existing developer's agreement had not yet been met.

The board voted 5-2 to approve the request. Trustees Harry Roecker and Derek Peterson voted against.

Kohlsville firefighters, others, battle Barton blaze



Kohlsville firefighters were first on the scene of a large structure fire on Wednesday, February 25 at 4:06 p.m., they were later joined by the Washington County Sheriff's Department and members of three other fire departments. A home owned by David and Stephanie Jacak, 4519 Cindy Place, in the Town of Barton caught fire causing about \$300,000 worth of damage. According to the Sheriff's Department, the fire appeared to have started near a wood burning fireplace. Adult residents were able to safely evacuate the structure prior to the arrival of emergency crews. The Kohlsville Fire Department was assisted by units from West Bend, Allenton, and St. Lawrence. Firefighting and clean-up efforts lasted for several hours. The origin is not believed to be suspicious in nature. The home had several working smoke detectors and no one was injured. The homeowners were assisted by the Red Cross.

Statesman photo: Andrew Kuehl | andrew@kewaskumstatesman.com

XYZ CARD RESULTS

Weisling, Ruth Kern, Harold Backhaus, Janet Jaeger, Darlene

welcome. Cards are played from

8:30-11:15 am every Wednes-

New members are always

SHEEPSHEAD:

Walls, Gladys Tackes

The winners at cards played at the Municipal Building Annex on Wed., February 25 were:

Joanne

On the Record



RANDALL -- A son, Dylan Scott, was born to Katy Rosenthal and Scott Randall of West Bend on February 16, 2009 at St. Joseph's Hospital. Dylan weighed seven pounds, seven ounces and was 19 1/2 inches long

SCHROETER -- A daughter, Ava Violet, was born to Gina and Justin Schroeter of Kewaskum on February 18, 2009 at St. Joseph's Hospital. Ava weighed nine pounds, 15 ounces and was 22 inches

CONNER -- A son, Gideon Paul, was born to Brenda and Peter Conner of West Bend on February 19, 2009 at St. Joseph's Hospital. Gideon weighed nine pounds, seven ounces and was 21 1/2 inches

LOSER -- A son, Cole Fredrick, was born to Jessica and William Loser of Kewaskum on February 20, 2009 at St. Joseph's Hospital. Cole weighed eight pounds, eight ounces and was 21 1/2 inches long.

PENDOWSKI -daughter, Eva Min, was born to Katie and Zak Pendowski of Campbellsport on February

21, 2009 at St. Joseph's Hospi tal. Eva weighed six pounds, 12 ounces and was 19 1/2 inches

KEWASKUM SENIOR **DINING CENTER**

Meadowcreek Complex 262-483-2056

Monday, March 9 -- BBQ riblet, parslied potatoes, cu-cumber salad, multigrain multigrain bread, lemon pudding cake.

Tuesday, March 10 -- Ham-burger on a bun with fixings, baked beans, mixed fruit cup, chocolate chip cookie. Alt: vanilla wafers.

Wednesday, March 11 --Potato crusted cod with tartar sauce, Prince Edward blend vegetables, tropical fruit cup, ye bread, raspberry sherbet. Alt: diet jello.

Thursday, March 12 -- Liver and onions, mashed pota-toes with gravy, steamed broccoli, multigrain bread, banana cream pie. Alt: diet pie. Public Health Nurse every

first and third Thur., 9-11:30

CAMPBELLSPORT MEALSITE MENU

Campbellsport Community Center 920-533-8351 x1216

Wednesday, March 11 --Baked chicken, Orzo Tuscano, mixed vegetables, pasta salad, cherry crisp.

Rescue Calls

On February 24, Kewaskum Rescue was dispatched in the Village of Kewaskum for a person that fell. A transport was

On February 24, Kewaskum Rescue was dispatched in the Village of Kewaskum for a per-son with difficulty breathing. A transport was made.

Municipal

Meetings

On February 27, Kewaskum Rescue was dispatched in the Village of Kewaskum for a person with respiratory distress. A transport was made.

On February 28, Kewaskum Rescue was dispatched in the Village of Kewaskum for a person with back pain. A transport was made.

TUESDAY NIGHT

Five handed winners on February 24 were: Raymond Ru-plinger, 68-1-67, 17-1-16; Frank Krueger, 61-15-46, 20-9-11; Fred Rate, 51-7-44, 18-4-14; Raymond Krueger, 56-12-44, 18-7-11; Katie Reimer, 45-7-38, 20-3-17; Gladys

Kewaskum Labor Center.



Tackes, 21 most losses; Tom Kohn, 12 low points. The next 5 handed call an

ace will be March 10 at 7:30 p.m. sharp. Cash prizes, bring your own drink. New players always welcome, bring a friend.

MONDAY, MARCH 9 Library Board -Room, 6:00 p.m. TUESDAY, MARCH 10 Town of Farmington Board Town Hall, 7:00 p.m.

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POSTMASTER -ADDRESS CHANGES TO: THE STATESMAN



Washington County's Most Wanted

The Washington County Sheriff's Department is seeking:



Name: Raymond John Rasberry III Age: 24

Race: White Sex: Male Height: 6'04" Weight: 175 Hair: Blonde

Eyes: Blue Last known address: Brown Deer Warrant Entry Date: 02-19-2009

Wanted for escape - huber walkaway.

Anyone with information on this person's whereabouts should call the Washington County Sheriff's Department at 262-335-4411 or Washington County Law Enforcement Tip Line at 800-232-0594. Resident should not attempt to apprehend this suspect.

Share Your News. · Does your organiz

- upcoming event that needs to be
- Did someone at your business get a promotion or special honor?
- · Get your son or daughter's sports scores in the paper
- Does your church, club, school or sports team have news to share with the community?
- Share your family news with your neighbors births, weddings, engagements, anniversaries, etc.

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American Legion celebrates 90 years as organization

Local Robert G. Romaine Post 384 serving since 1923

The American Legion will observe it 90th birthday on March 9, 2009. Not far away from their 90th birthday is Kewaskum's Robert G. Romaine Post 384 which was formed in 1923.

Since its founding in 1919, The American Legion has served veterans, their families and the children of the nation. That legacy of service continues today through programs such as Badger Boys and Badger Girls state, high school scholarships and Blue Star Banner presenta-

Local Commander Dennis Bingen is proud to be a part of the Robert G. Romaine Post 384 as it continues its legacy by serving Kewaskum through its many community programs such as the Firing Squad and Honor Guard at Veteran's funerals, Family Support Network for soldier's families, Memorial Day parade and program, county youth government, recognition of our local firemen, police officers, emergency medical technicians, National Guard and Reservists, and working together with other community groups to support the Salvation Army, community medical relief, Easter egg hunt, and flag education for youth.

The American Legion was responsible for the creating of the original GI Bill, used by millions of veterans to obtain assistance in education and home loans. The organization was instrumental in the passage of legislation creating the Department of Veterans Affairs.

Today The American Legion continues to work for a constitutional amendment to protect the American Flag from desecration, securing mandatory funding for adequate operation of the Veterans Affairs Medical facilities and operating a family support network for families of active duty military personnel and members of the National Guard and Reserves.

Additionally, the work of The American Legion to support the nation's youth continues to grow as more young people are involved in Legionsponsored programs. The Boys Scouts of America, American Legion Baseball, Junior Shooting Sports and the National High School Oratorical Contest are just a few examples of how the American Legion continues to provide a solid foundation on which the youth of America may grow.

According to Commander Bingen, the Kewaskum American Legion is a service organization. "We are not in this for ourselves, we are in this for our brothers and sisters in arms. We are in this for the husbands, wives and parents of those who served. We are in this for our community," Bingen stated.

The original membership of Post 384 in Kewaskum was made up of honorable discharged World War I Veterans. During World War II, the Legion opened its membershiup to include Veterans of that war who received honorable discharges and also did the same following the Korean conflict and Vietnam.

In 1950 the Post adopted the name of Robert G. Romaine Post 384.

Board denies concept plan for Gavin

By Mitch Maersch For the Statesman

The Village Board on Monday denied a general conceptual plan to develop an 80acre plot of land in the town of Kewaskum known as the Volm property.

Developer Gary Gavin proposed to divide the property into 47 lots, each as small as one acre or as big as five.

The village's 2035 land use plan calls for lot size of 1/4 to 1/3 of an acre each, the main reason the board voted 6-1 to deny the plan. Trustee Kevin Scheunemann cast the lone vote for it.

The subdivision would have used a septic system and wells - which Scheunemann and Village President Andrew Pesch cited as major concerns.

The village and town do not have a boundary agreement, and the issue of sewer and water service outside the village has not been resolved, said Village Administrator Matt Heiser.

Without a boundary agreement, Heiser said he can think of "tangible examples" from communities in the area where that hurt them.

Sewer and water could not be the issue driving the board to approve or deny, Heiser said. The board could only act on the concept plan.

The board's deadline to act on the plan was March 16. No action by then would have resulted in an automatic approval.

The Village Plan Commission last week sent the plan to the board with a recommendation to deny it.

The property is adjacent to the village in the town of Kewaskum. The village could act on the plan due to a state law allowing villages authority over a 1.5-mile radius around their borders.

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Bath plan for Village water tower tabled

The Village Board on Monday tabled a proposal to power wash the exterior of the village water tower in hopes that the fire department could take care of it cheaper once the new truck arrives in summer.

Lane Tank Co. Inc. offered to do the job for \$3,900. Fire Chief Mark Groeschel was directed to see if the new truck could handle the job.

The truck and its 105-foot ladder would reach within about 15 feet of the bottom of the tower. The bottom half of the tower is the part that's dirty, said Jerry Gilles, director of public works.

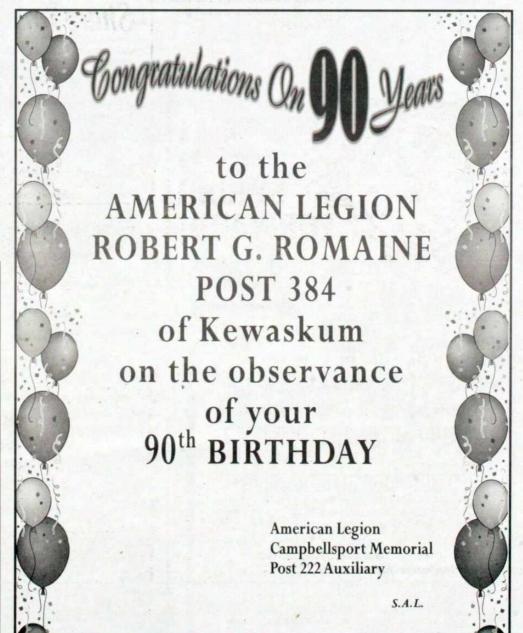
"I was concerned because we just got done painting the water tower for \$200,000 four years ago," Gilles said. He hopes to maintain the tower so it doesn't need painting again for a while.

The tower became dirty as dust stuck to moisture on its exterior. Fertilizer in the air sticks to the tower as well and helps fungi grow.

"It's a pretty common occurrence," Gilles said.

The board tabled the issue unanimously.

- Mitch Maersch





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Continued from page 1

tested case hearing within 45 days after the complaint is

At the hearing, the school board has the burden of proving by clear and convincing evidence that the use of the race-based name, nickname, logo, or mascot does not promote discrimination, pupil harassment, or stereotyping, as defined by the state superintendent.

Within 45 days of the conclusion of the hearing, the state superintendent would issue a decision and order. If the state superintendent finds that the use of the race-based name, nickname, logo, or mascot does not promote discrimination, pupil harassment, or stereotyping, the state superintendent shall dismiss the complaint. If the state superintendent finds the use of the race-based name, nickname, logo, or mascot promotes discrimination, pupil harassment, or stereotyping, the state superintendent would order the school board to terminate its use of the race-based name, nickname, logo, or mascot within 12 months after issuance of

Indians

the order. The school district would then be able to get a judicial review of the matter if they so chose. If a school board would not comply with the decision, they would face not less than \$100 nor more than \$1,000 forfeiture each day they were in violation of the order.

On February 16, The Wisconsin Department of Administration completed their fiscal estimate of what passage of the measure could cost various governmental agencies.

The report indicated a local implication due to the 40 schools in the state that use logos and or mascots relating to Native Americans. Those school districts would be required to replace existing supplies and uniforms. They had no idea the number of complaints the bill would draw and that ultimately would be the deciding factor in such a estimate.

The cost to the state would be determined by the number of complaints brought before the Department of Instruc-

POLICE REPORT

On Jan. 22 at 10 a.m. Kewaskum Police responded to a report of breaking and entering at Victoria's Corner Stone Inn.

Upon arrival the owner showed the officer a spot on the rear kitchen door where someone attempted to break in the locked door. The officer noted the marks on the door looked like they were made from a screwdriver type device. Nothing was missing, the report indicated the actors were unsuccessful in trying to gain entry.

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Statesman 240 Main St. Kewaskum

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Village approves road salt contract

KEWASKUM- The Village Board on Monday approved a salt contract with the state again for next year, although its reserve supply will be less.

Last year, the state allowed 25 percent to be held in reserve. The Department of Transportation lowered that to 15 percent for next year.

For Kewaskum, that means drop from 72 tons to 61.5. Director of Public Works Jerry Gilles said the village has not

broken into its reserve this year. Gilles proposed buying the same amount for next year - 410 tons. He hopes for a mild winter. Last year, Dodge County ran out of salt and paid \$160 per ton, nearly four times Kewaskum's rate of \$44 per ton.

"These days ... if you get caught short, it's very, very dif-ficult to find salt," Gilles said.



West Bend Clinic Welcomes Madhuri H.Trivedi, MD **Gastroenterologist**

"Addressing and helping improve the digestive health of all patients is very important to me. I also have a special interest in helping female patients with their gastrointestinal health issues."

Dr. Trivedi emphasizes preventive health care in gastroenterology for both men and women, including colorectal cancer screenings and screening for Barrett's Esophagus (a condition caused by repeated exposure to stomach acid in the esophagus). Professional interests include treating health conditions pertaining to stomach, digestive tract and the liver.

Dr. Trivedi completed her residency and internship at the University of Missouri, Columbia, MO where she also served as a clinical instructor and Assistant Professor in Gastroenterology until 2004. Her fellowship training in Hepatology was completed at the University of Texas at Southwestern Medical School in Dallas, TX. She is board certified in Gastroenterology by the American Board of Internal Medicine.

NEW PATIENTS WELCOME!

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West Bend

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Shalom House provides peace and relaxation



ABOVE: The great room of the Shalom House provides plenty of space to relax and rejuvenate. RIGHT: Diane Lipman, owner of the Shalom House, sits in front of the homes

By Patrick Neumuth

fireplace.

patrick@kewaskumstatesman

Life can be a little hectic with all of the hustle and bustle. Diane Lipman said the Shalom House is the perfect way to escape the noise.

"I find this is more of a place for peaceful, contemplation, quiet," owner of the Shalom House Lipman said. "Individuals come here if they just want to be by themselves. Sometimes groups come, yoga groups. I also do silent retreats."

Lipman has taken in a wide range of people at the Shalom House. Whether they are a businessman or woman trying to get away, to a religious group on a retreat. She even has taken in the homeless for a couple of days

less for a couple of days.

There are many different types of retreats available at the Shalom House. The house itself is a Frank Lloyd Wright Prairie Style house that sleeps about eight. There are overnight retreats, daily meeting or two-night silent retreats for services offered. Lipman is flexible with the time of the service. She said the services could work around everyone's schedule.

"I don't see it as a business," Lipman said. "I feel it's more of a service or vision."

Meals are provided for the overnight services, but guests can bring food. Lipman likes to serve only healthy meals, mostly organic food.

Lipman said now-a-days people don't get to connect with themselves in nature very much. She said unless people work through the woods they wouldn't get that connection.

"It is such a part of us," Lipman said referring to the silent retreats. "I don't think we get to connect with that peace of ourselves. It connects us to our wisdom, it connects us to our ease and joy, and it connects us to our self.

"The silence brings in that higher sense of who we are. It's a wonderful peace."

The Shalom House is located on 11 acres of land surrounded by wooded areas. There are nature trails on the property and Lipman calls their nature walkers "trailblazers." The entire trail is about a 20-minute walk.

Lipman said the walk grounds "us" and wants the people on the walk to notice the walking.

"Sometimes we are on automatic. So, we are just trying to be mindful of what's going on," Lipman said.

Lipman is also a Reiki master. Reiki is a Japanese word meaning universal life energy. It is described as a noninvasive of hands-on healing. It is a technique that balances all of the body's systems among the emotional and spiritual being. Some of the benefits of Reiki are it alleviates pain, stress, promotes sleep and relaxation.

Lipman said it's another form of meditation.

Lipman splits her time in West Bend at the Shalom House and in Milwaukee working at homeless shelters and jails.

The Shalom House is located at 1872 Shalom Drive in West Bend. For more information call (414) 870-7263 or email at info@handlewithkindness.com. Lipman said all services are negotiable.









Derge Scholarship awarded



Matthew Donath, left, receives the Ben Derge Gridiron Scholarship from Patti and Scott Derge.

Matthew Donath, a 2008 graduate of Kewaskum High School, was the first recipient of the Ben Derge Gridiron Scholarship.

Matthew is a freshman at UW-LaCrosse and played on the Lacrosse team this past fall.

The Ben Derge Gridiron Scholarship Foundation was established by Scott and Patti Derge in memory of their son Ben. Ben suddenly died on November 22, 2006 of a cerebral Arterial Venous Malformation at the tender age of 13.

Because of Ben's passion for football and his wonderful experience playing Kewaskum gridiron football, Scott and Patti took that direction with the scholarship.

Any graduating student who played Kewaskum Gridiron Football for at least one year may apply at Kewaskum High School for this scholarship.

The scholarship is independently funded by Scott and Patti.

In the Service

Army Reserve Sgt. 1st Class Dale D. Burke has been mobilized and activated at Fort Mc-Coy, Sparta, for deployment overseas to a forward operating base in support of Operation Iraqi Freedom. The soldier is a member of the 416th Theater Engineer Command, Darien, Ill.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

to govern the peoples of Iraq. Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy.

Burke is a construction supervisor with more than 19 years of military service.

He is the brother of Gary W. Burke of Adell, and nephew of Howard and Phyillis Narges of Campbellsport.

His uncle and aunt, Kenneth and Carol Koth, reside in Kewaskum.

The sergeant is a 1973 graduate of Kewaskum High School.



Thank You

Thank you to everyone who participated in the Kewaskum FFA Alumni Raffle. The drawing was held February 19th at the Kewaskum field house. Proceeds are for FFA scholarships. The winners are as follows:

\$1000	Elaine Bahr	Bonduel
	WK/NF	Kewaskum
\$500		
\$250	Gary Klink	Allenton
\$100	OGMC	Kewaskum
\$75	Mike Keagle	West Bend
\$50	Mary Jo Noble	MOSE
\$50	Corey Enright	Boltonville
\$50	Judy Etta	Kohlsville
\$50	Don Bittelman	Westfield
\$50	Jeff Jaeger	Kewaskum
\$50	Shirley Kirsch	Campbellsport
\$25	Scott & Pam Bunkelman	Campbellsport
\$25	Bob Karnitz Jr.	West Bend
\$25	Gary J. Schneider	West Bend
\$25	Ryan Dehling	Fillmore
\$25	Pearl Terlinden	Allenton
\$25	Delores Prochnow	Campbellsport
\$25	Rick Schlosser	Allenton
\$25	Mary Noll	Hartford

West Bend

George Muth

In the Service



Air Force Airman Anthony D. Vorpahl has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, core values, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate in

applied science degree relating through the Community College of the Air Force.

College of the Air Force.

He is the son of Kathy
Vorpahl and Daniel Vorpahl,
both of West Bend.

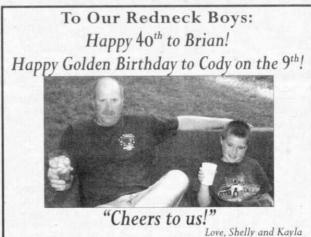
Vorpahl is a 2008 graduate of West Bend West High School.



Greg Shaske, son of John and Cindy Shaske of Kewaskum, has graduated from basic training in Ft. Benning, Georgia.

Greg is currently stationed at Ft. Myer in Arlington, VA, where he is a member of the Honor Guard.

Shaske is a 2006 graduate of Kettle Moraine Lutheran High School.





Encore showing of Sackter story March 28

Lord knows all of us could use some sunshine these days. Economic crisis, a winter that just doesn't want to seem to quit and a longing for some sunshine and a little-hope. That's why Citizen Advocacy of Washington County is bringing the inspiring and joyful documentary, "A Friend Indeed-The Bill Sackter Story" back to Washington County for an encore showing on March 28th.

The award-winning documentary was filmed by Academy Award winning screenwriter Barry Morrow and became the basis for the Emmy Award winning 1981 TV movie "Bill" starring Mickey Rooney.

While the documentary film remained unedited for nearly 25 years, the story of Bill Sackter couldn't be forgotten. His story inspired millions. That's why when filmmaker Lane Wyrick ran across the documentary footage he made it his dream to make the documentary Barry had always wanted to make. The result, one of the most inspiring documentaries about the will of the human spirit to triumph over prejudice and disability.

The "Bill" story, is about a little man who was looking for a friend and ended up befriending an entire nation.

Ticket prices are \$8.00 or \$6.00 for groups of 8 or more. They can be purchased online at: www.cawashingtoncounty. org/2009popcornfeature.html or by calling the Citizen Advocacy office at 262-334-3384. Tickets are also available at Somedays in West Bend, The Westphal Mansion in Hartford and Robert's Custard in Germantown.

For further information, call 262-334-3384 or contact Mark Brunner at mbrunner@cawash.org.

KYB to hold basketball camp

Kewaskum Youth Basketball Inc. is pleased to announce that it will once again be holding it's Introduction To Basketball camp for Kewaskum school district students in grades kindergarten through third.

This annual event will once again allow Kewaskum area youth the chance to learn the basics of playing basketball. They will learn the basics of dribbling, passing, shooting and teamwork. In addition, parents of the participants will learn valuable tips in how to reinforce the skills taught when practicing with their kids at home. This is a handson event where everyone gets involved. Once again, all youth participants will get a free youth-sized basketball once they have completed the

The camp will be held on Sunday afternoons at the Kewaskum Elementary School Gym. The first clinic and signup will be this Sunday, March 8th. The clinic will run for four consecutive weeks: March, 8, 15, 22 and 29.

Pre-Registration is encouraged but not necessary as you may register at the door on the first day. Cost is \$30 per participant. Additional immediate family siblings are only \$25 each.

The camp is taught by the many coaches, board members, and players of the KYB competitive program.

All proceeds of this event will go to KYB Inc. in support of their rich tradition of providing positive physical activi-

ATV safety class to be offered

ties for Kewaskum area youth.

Kewaskum Youth Basketball Inc. is a not-for-profit organi-

zation totally run and man-

aged by Kewaskum area vol-

Kevin Mass, a Wisconsin DNR certified safety instructor, invites all individuals interested in recreational ATV riding to enroll in a Wisconsin ATV safety course. The course will be held April 16, 2009 and April 18, 2009 at the New Fane Sportsman's Club, just north of Kewaskum.

This is a hands-on course and students will do a great deal of ATV riding.

Advance registration is required. The course fee is \$10, which covers all the necessary materials.

Persons successfully completing the course will receive a Wisconsin DNR ATV safety graduate certification and a distinctive embroidered emblem. Young students certified will be able to operate a ATV without parent or guardian present at age 12.

Classes will cover ATV safety features, pre-ride inspections, basic riding skills, protective gear, rules and regulations, ethics, responsibility and handling outdoor emergencies.

Contact Kevin, Cory or Matt Mass at 262-626-4002 or QuadSafety@yahoo.com

Wisconsin author to speak at KPL

On Saturday, March 7th at 10am, Wisconsin mystery writer Victoria Houston will be at the Kewaskum Public Library. Ms. Houston is best known as the author of the popular "Loon Lake" crime series.

This nine-book mystery series takes place in the northwoods of Wisconsin and features police chief Lewellyn Ferris and retired dentist Paul Osborne. The two are expert flyfishers who also team-up to solve some very strange murders. The books have been published in paperback by Berkley Press and Bleak House Books.

The author will talk about fly fishing, writing and the life of a crime novelist.

Ms. Houston's books will be for sale during the event courtesy of Fireside Books of West Bend. This is a great chance to meet and talk to a mainstream, published novelist and will be of interest to writers, fans of mystery and crime books and fishing enthusiasts.

Please call the library if you are interested in attending at 262-626-4312.

Community Events For

March 6 - March 13

MARCH 6 – BLUE GRACE has expanded their musical influence to include folk, jazz, country, blue and celtic. Sponsored by Lighthouse Christian Artists in Concert. Held at Silverbrook School, 120 N. Silverbrook Dr., West Bend, from 7-10 pm. 262-338-0205. www.lighthouseconcerts.com

MARCH 7 — at 10 am, Wisconsin mystery writer Victoria Houston will be at the Kewaskum Public Library. Ms. Houston is best known as the author of the popular "Loon Lake" crime series. This 9-book mystery series takes place in the northwoods of Wisconsin and features police chief Lewellyn Ferris and retired dentist Paul Osborne. The books have been published in paperback by Berkley Press and Bleak House Books. The author will talk about fly fishing, writing and the life of a crime novelist. Ms. Houston's books will be for sale during the event courtesy of Fireside Books of West Bend. Please call the library if you are interested in attending at 262-626-4312

MARCH 7 – FISH FRY, Interfaith Caregivers of Washington County. Enjoy a delicious fish fry by two of Washington County's favorites - and help Interfaith help seniors, too! Schwai's Catering, 4:30 - 7:30 p.m. at Washington County Fair Park. Tickets \$10 in advance, \$12 at the door. Tickets available at Washington County churches, the Interfaith Caregivers office (365-0902) and M & I Banks in West Bend.

MARCH 13 - CAMPBELLSPORT COMMUNITY BLOOD DRIVE. 12:30-5:30 pm at Campbellsport Public Library. To schedule an appt. please call 1-800-GIVE-LIFE or log onto givebloodgive-life.org

March 13 — The Beads of Hope Relay Team is having a Fish Fry on March 13th at the K C Hall in West Bend. We will have a 2pc and 3pc meal and a 2pc Chicken Strip meal and there will be homemade deserts for sale. We will also have Raffle Prizes and More. All proceeds go to the American Cancer Society.

To be included in the Community Events, FREE OF CHARGE, please submit your event prior to our 3 pm Monday deadline, at our office at 240 Main Street, Kewaskum; e-mail - ckuehl@kewaskumstatesman.com or on the web www.ke-waskumstatesman.com, PLEASE NOTE, businesses offering specials or events for profit are not accepted. Events are listed at the Editor's discretion.

Relay for Life fish fry March 6

A Fish Fry to benefit Relay For Life will be held Friday, March 6 from 4:30 to 8 pm at St. Frances Cabrini School in West Bend. The event is sponsored by the Relay For Life team at The Alyce and Elmore Kraemer Cancer Care Center of St. Joseph's Hospital. All proceeds will go to the American Cancer Society's Relay For Life fundraiser.

Prices are \$8 for a twopiece meal and \$9 for a 3-piece meal, with fish prepared by Schwai's. Carryouts are also available. Dinners include coleslaw, bread and fries. Beverages and homemade desserts will be available for purchase.

The event also includes entertainment provided by Mirror Image Dance Academy groups from 5:30-6:30 pm and local guitarist Mike Skurek, composer of "30-Point Buck," from 6:30-8:30 pm.

St. Frances Cabrini School is located in West Bend at 529 Hawthorn

Thursday Nite Men's

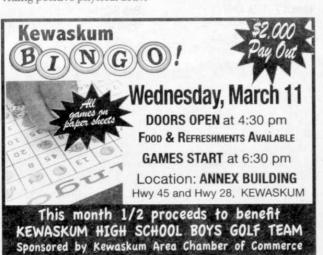
SOFTBALL LEAGUE

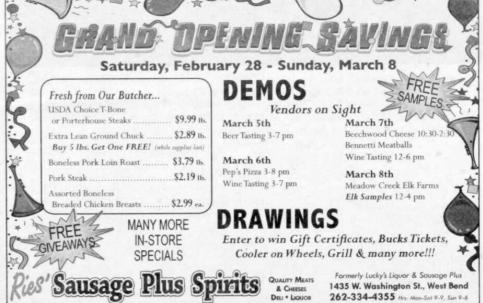


in Kewaskum

☆ Call soon
☆ Limited availability

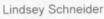
CALL NATHAN 1-414-640-5500





Kiwanis Students of the Month







Joe Paulus

Lindsey Schneider and Joe Paulus were named Kiwanis Students of the Month for the month of October. Lindsey is the daughter of Janet and Howard Schneider. She is an active member of the Key, Drama and HOPE clubs. She has participated in soccer, swing choir, jazz choir, EWC honors choir and madrigal choir. She also had the leading female role in this fall's musical, Once Upon a Mattress. Lindsey was inducted into the National Honors Society her junior year and currently she is fulfilling the role of president. Next fall Lindsey plans on attending Northwestern University to earn a degree in social sciences. Joe is the son of Bobbie Jo and Tom Paulus. He has been an avid athlete at KHS participating in football, basketball, wrestling, track and baseball. This year he was the team captain of both the football and basketball teams. Joe was inducted into National Honors Society his junior year. He is also an active member of the FBLA, as well as a freshman mentor. After graduation Joe plans on attending UW-Whitewater to pursue a degree in accounting. Students and their parents were honored at an October meeting of the Kewaskum Kiwanis Club

Holy Trinity students show their true colors



The third grade class at Holy Trinity got a little crazy on Thursday, December 18. The students have been talking about putting voice in their writing to make their writing unique To show how each student has their own voices students had a "Dress in Voice" day. Each student chose items of clothing that helped to show their personality and then wrote a paragraph explaining what they wore and how it fits their personality.

St. Matt's students go bowling



Saint Matthew's, Campbellsport ended Catholic Schools Week with fun and an entertaining outing to King Pin Lanes in West Bend. Students in grades K4 through eight went for an afternoon of bowling. The students did not take long to learn the basics of this game. Many thanks go to King Pin Lanes in West Bend for the wonderful set up arranged for them. ABOVE: Second graders Jacob Schrauth, Mitchell Waechter, Myles Ottery, and Olivia Spartz were proud of their scores



Week of March 9

Kewaskum School District

Monday - Chicken quesadilla, pears, salad with assorted dressings, bread, French fries. *Cheeseburger/ bun. (E) Cheese pizza.

Tuesday - Sloppy joes on a bun, reen beans, peaches, fresh veggies & dip. *Wrap bar. (E) Cheese pizza.

Wednesday - Chicken patty/bun, curly fries, cranberry sauce & pin apple. *Meatball sub sandwich. (E) Cheese pizza.

Thursday - Taco-to-go, Spanish rice, corn, refried beans. *Pizza dippers. (E) Cheese pizza.

Friday - Fish patty on a bun with cheese, tater tots, coleslaw, Mandarin oranges & a muffin top. *Pepperoni pizza. (E) Cheese pizza.

Holy Trinity School

Monday - Spaghetti with meat sauce, lettuce salad, buttered wheat bread, Mandarin oranges, oatmeal

Tuesday - Hot turkey slice on a bun, fluffy rice, peas, pears, frosted cup-

Wednesday - Chicken nuggets, ashed potatoes, dinner roll, corn, Mandarin oranges, pumpkin muffin.

Thursday - Mozzarella pizza sticks w/ Marinara sauce, buttered wheat bread, green beans, pears, chocolate

Friday - Toasted cheese sandwich or egg salad sandwich, tomato soup, assorted fruit, cookie.

St. Lucas School

Monday - Chicken patty on a bun, carrots, pears, brownie.

Tuesday - Real pizza - pepperoni sausage, cheese, fresh veggles & dip, mixed fruit, strawberry freeze.

Wednesday - Spaghetti w/ meat

sauce, pizza dippers, green beans, peaches, Rice Krispie bar.

Thursday - Diced chicken and gravy over mashed potatoes, com, Tropical fruit, Goofy bars.

Friday - Hot dog on a bun, potato chips, corn, pears, cookie.

Campbellsport School District

Monday - Mini corn dogs, hashbrowns, oven baked beans, sliced peaches, pudding cup, bread, milk. A Assorted 5" pizzas

Tuesday - Chill & crackers, uncrustable, raw veggles & dip, fresh fruit, French bread Minute Maid juice bar. milk. A - Meatball sub or pretzel.

Wednesday - Grilled or breaded chicken patty on a bun, seasoned baby potatoes, fresh peas & carrots, Mandarin oranges, milk. A Baked potato bar

Thursday - Beef & cheese quesadilla or sandwich, tater tots, fruit mix, Rice Krispie bar, bread, milk. A - Mac and cheese or spicy chicken patty. Friday - NO SCHOOL.

St. Matthew School

Monday - Fifth grade menu - Tacos. corn, applesauce, ice cream, milk.

Tuesday Hamburger/gravy nashed potatoes, California blend, peaches, French bread, milk.

Wednesday - Sub sandwich, chips. carrot sticks, apple/bananas, pud-

Chicken nuggets, Thursday cheese, curly fries, wax beans, fruit salad, cookie, milk.

Friday - NO SCHOOL.

St. Mary's School

Monday - Nachos grande, golden corn, French bread, banana half.

Tuesday - Hamburger with cheese, potato wedges, creamy coleslaw,

Wednesday - Oven baked chicken, mashed potatoes/gravy. mixed vegetables, dinner rolls

Thursday - Swedish meatballs with noodles, peas and carrots, melon

Friday - Cheese fries, fresh veggies assorted fruits, soft breadsticks.

Adding a little drama to a positive message



KHS Drama CLub members performed before their younger peers on Tuesday, February 17 in the Kewaskum Theatre. Members are shown from left to right, Brandon Becker, Jake Dickmann, Sabrina Boehlke, Kelsey Hennig, Kevin Lotter and Lindsay Schneider. Four vignettes were performed by the club centered around the School District's virtue themes.

The Kewaskum High School Drama Club took to the stage of the Kewaskum Theatre on Tuesday, February 17 to perform a positive message to KES students.

The Drama Club performed four vignettes about caring and sharing for third through fifth graders. A second show was performed for the K4 through second graders.

The Carey and Sharey Show was written by and then performed by members of the Drama Club. It consisted of four improvisational skits with a break built in for a quick question and answer session between each skit with the audience. Before the curtain call, each member shared a personal message about caring and sharing and took their bows.

The previous year the Drama Club performed two small skits about bullying and believing in oneself. Nick Brettingen, advisor and founder of the Kewaskum Drama Club, said, "It looks like this is going to be an annual tradition. We have no idea what the focus of next year's show will be but we can guarantee the show will go on because everyone needs a little drama in their lives."

The Kewaskum Drama

Club consists of the following members: Chelcie Boyer, Morgan Gradinjan, Christa Thiesen, Desiree Kuehl, Kate Evans, Ryan Rahlf, Valerie Paulus, Sarah Ries, Sam Rick, Kelsey Hennig, Kelsey Koller, Kevin Lotter, Brandon Becker, Jacob Dickmann, Sabrina Boehlke, Lindsey Schneider, Tray Rezel, Chuck Neuiszer, Mikayla Kremer, Kate Wilson, Nichole Springer, Katie Tilmann and Hannah Reysen.

KHS Librarian receives grant

The Kewaskum High School Library is set to receive a boost. Librarian Jan Donahou, has recently won Best Buy's Teacher Award.

The award includes a \$3,000 Best Buy Gift Card, as well as a 1 GB Geek Squad* USB drive.

I won it by writing a narrative about how our school is currently using electronic equipment in the curriculum, and a plan to further those uses. Currently we do digital storytelling both as a class and in several departments as projects. We are hoping to take this knowledge and develop a film festival for the students' short films. To do this we needed electronic equipment that we currently didn't have. I developed a plan for what we needed and applied for the grant," Donahou explained.

With the grant, if the district receives the equipment in time, a confined short film festival can be held within the

This year, Best Buy Teach Awards, ranging from \$1,000 to \$10,000, have been given to more than 460 schools to sustain or enhance existing educational programs.



Hannah Reysen, left is overcome with excitement as she discovers what can happen when friends share. Katie Tilmann is shown sharing her crayons with Reysen.

Statesman photos: Andrew Kuehl

KES will hold emergency drill

Students and teachers at Kewaskum Elementary School will have a little excitement in their day on March 10 when their school will be the scene of a fire.

The emergency drill being done in conjunction with the Village of Kewaskum will take place from 1:30 until 2:30 n.m.

"We will simulate a fire at KES. There will be fake smoke from a smoke machine, emergency responders, and we will follow our fire evacuation procedures, says KES Principal Tom Fischer.

Students and teach-

ers will evacuate to the KHS Field House. "While we are at the high school, emergency responders will be going through their procedures at KES." stated Fischer.

KES," stated Fischer.

He continued, "The idea is to be prepared for an emergencyif one ever happened. All KSD schools will be reviewing their emergency procedures as a result of this emergency drill."

A number of parents have agreed to be a part of the simulation by picking up their students at KHS the day of the drill. NOT all students are being picked up at KHS.

Campus Notes

The following students are included on the Milwaukee School of Engineering Dean's List:

Mitchell Paulus, Fredonia, BS in Mechanical Engineering, High Honors and Ashley Anne Turner, Kewaskum, BS in Biomedical Engineering.

Undergraduate students who have earned at least 30 credits and have a cumulative GPA of 3.20 or higher are on the Dean's List. Students who have maintained a 3.70 or higher receive high honors.

The following local student is included on the Milwaukee School of Engineering Honors List:

Justin Kissinger, Kewaskum, BS in Management.

Students on this Honors List have earned a term grade point average of at least 3.2 and are not on the Dean's List. Joshua Thomas Brandl of Campbellsport has graduated from Bowling Green State University in December with a Masters of Education degree.

Jennifer Serwe of Campbellsport graduated from the University of Wisconsin - Platteville during the winter ceremony of the 2008-09 academic year.

Jennifer graduated Magna Cum Laude with a Bachelor of Science in Elementary Education. She was also named to the Chancellor's List for the fall 2008 semester.

The following local students have been named to the Dean's List for the fall 2008 semester at UW-Platteville.

Chad Goebel, Campbellsport, Business, industry, Life Science and Agriculture and Jennifer Serwe, Campbellsport, Liberal Arts and Education.



Holy Trinity School OPEN HOUSE

March 16, 6:30-7:30 pm 305 Main Street, Kewaskum

Now accepting registration for our 3 Year-Old Enrichment Program

4 K & 5 K Programs for the 2009-2010 School Year

*Children must be 3 by Sept. 1, 2009 to register. For more information, please call the school office 262-626-2603

SEE YOU MARCH 16!

Obituaries

www.kewaskumstatesman.com

LLOYD J. RODEN

Lloyd J. Roden, 82, of Kewaskum, passed away on Friday, February 27, 2009, at the Samaritan Health Center in West Bend.

He was born on January 24, 1927, in the town of Kewaskum, the son of the late John and Rose (Schiltz) Roden, and on June 1, 1949, he was united in marriage to Kathryn "Kitty" Weber at St. Matthias Catholic Church in Nabob. Kitty preceded Lloyd in death on June 25, 1995.

Lloyd farmed in the town of Kewaskum and was a member of St. Michael's Catholic Church in St. Michaels. He loved the farm that was his home for 64 years, as well as old time music and John Deere tractors.

Survivors include his sister-in-law, June Sommerfeld of West Bend; his brother-in-law, Gerald (Betty) Backhaus of Kewaskum, many nieces, nephews, other relatives and good friends.

In addition to his wife and parents, Lloyd was preceded in death by a sister, Bernice Otten, two sisters-in-law, Shirley Backhaus and Erna (Alphonse) Peters and two brothers-in-law, Kenneth Weber and Mark Sommerfeld.

A Mass of Christian Burial for Lloyd was held at 7:00 p.m. on Wednesday, March 4, 2009, at St. Michael's Catholic Church in St. Michaels. Father Edwin Kornath officiated and burial was at 10:00 a.m. on Thursday in the parish cemetery.

Relatives and friends called on Wednesday at the church from 5:00 p.m. until the time of Mass.

The Miller Funeral Home in Kewaskum has been entrusted with Lloyd's arrangements.

Additional information and guest book may be found at www.millermartinfh.com.

Special thanks to all the kind and compassionate caregivers at the Samaritan Health Center who helped Lloyd over the last 13 ½ years. "God will take care of Lloyd like He always has."

DORIS M. MAYER

Doris M. Mayer, 82, of West Bend, passed away on Friday, February 27, 2009, at Community Memorial Hospital in Menomonee Falls.

She was born on May 8, 1926, in Toledo, Ohio, the daughter of the late Harold and Margaret (Petree) Zingelman, and she was united in marriage to LeRoy Beck, Sr. Her husband preceded her in death in January 1999.

On February 12, 2000, she was united in marriage to Jerome Mayer at St. Kilian Catholic Church in St. Kilian. Jerome preceded her in death on April 7, 2007.

Doris was a member of St. Frances Cabrini Catholic Church in West Bend, was the secretary of the Wayne Homemakers Club and a member of the N.O. Club.

Survivors include eight children, Michael (Dianne) Beck of Theresa, Robert (Diane) Beck and LeRoy "Jack" (Barb) Beck, Jr., both of West Bend, James (Felicia) Beck of Adell, Tom (Jenny) Beck of West Bend, Kathleen (Roger) Hansen of Cedarburg, Donna Beck (special friend, Larry Weinert) of West Bend and Sue (Dan) Hansen of Port Washington; four stepchildren, Robert (Shirley) Mayer of West Bend, Dolores Eder of Kewaskum, Darlene (Randy) Baerber of West Bend and Joan (John) Schlosser of Campbellsport; a brother, Alan (Nancy) Zingelman of Sacramento, California; two sisters, Jean Weimer of Holly Hill, Florida and Ruth (Keith)

In addition to her husbands and parents, Doris was preceded in death by a brother-in-law, Fred Weimer.

Hall of Wewahitchka, Florida:

13 grandchildren, six great-

grandchildren, other relatives

and friends.

A Memorial Mass for Doris will be held at 7:00 p.m. on Monday, March 9, 2009, at St. Frances Cabrini Catholic Church in West Bend with Father Jeffrey Haines officiating. Cremation has taken place. Entombment of her cremains will be in St. Mary's Catholic Church Cemetery in Menomonee Falls.

The family will receive visitors on Monday at the church from 4:00 p.m. until the time

of Mass.

In lieu of flowers, memorials to the charity of one's choice are appreciated.

The Miller Funeral Home in Kewaskum has been entrusted with Doris's arrangements. Additional information and guest book may be found at www.millermartinfh.com.

HARRIET D. GOLL

Harriet D. Goll (nee Voigt) of Jackson, passed away Sunday, March 1, 2009 at Community Memorial Hospital.

Harriet was born on July 2, 1924 in Jackson to Herbert and Meta (nee Frank) Voigt.

She was raised in the Jackson area and worked several jobs until she met her husband Arthur Goll. They were married on February 16, 1944 at David Star Ev. Lutheran Church in Jackson and began their family while continuing to work on the family farm.

Harriet loved cooking, baking, gardening, mowing the lawn and especially spending time with her family. She was a volunteer and member of the Jackson Seniors for 17 years at the Jackson Senior Center.

Harriet will be missed by her husband, Arthur, of Jackson; children, Dianne (Carl) Miller of Cedarburg, Gene (Sandy) of West Bend, Gary (Marilyn) of Jackson, and John (Debbie) of Jackson. She is further survived by seven grandchildren, Stanley (Sherry) Miller, Maureen (Robert) Demler, Melody (John) Wagie, Kim (Scott) Bubnik, Brian (special friend Vanessa) Goll, Megan (fiancé Jacob Riemer) Goll, Cody Goll; great-grandchildren, Amanda Miller, Tiffany Miller, Zachery Demler, Makayla Demler, Laurianna Demler, Carmen Wagie, Hazel Wagie; a great-great-grandson, Peyton Tankersley; a sister, Marcella (Vernon) Schultz of West Bend; nieces; nephews; other relatives and friends.

She is preceded in death by her parents; a sister, Lorraine Ehlke and brother-inlaw, Alfred Ehlke.

A Funeral Service will be on Thursday, March 5, 2009 at 3:00 pm at David Star Ev. Lutheran Church, Jackson. Interment at David Star Cemetery following the service.

Visitation will be at the church only on Thursday, March 5 from 12:00 pm until time of service (3:00 pm).

Memorials are appreciated to David Star Our Foundation on the Rock.

The Phillip Funeral Home of West Bend is assisting the family.

IN MEMORY

In memory of **RICHARD HALFMANN**, who passed away 23 years ago, March 7, 1986:

We watched through all your suffering and often had to cry.

For we knew that very soon we'd have to say goodbye. When days are sad and lonely and everything goes wrong.

We seem to hear you whisper cheer up and carry on. Every time we see your picture you seem to smile and say don't cry.

I'm in Gods keeping we'll all meet again someday.

Sadly missed by his family.





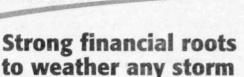
All obituaries must be legibly written or preferably typewritten. Submitter must provide a name and telephone number where he/she can be reached.

All obituaries are placed on our website www.kewaskumstatesman.com as soon as they are submitted and remain there for two weeks from the time of posting. Obituaries can be emailed to nkuehl@ kewaskumstatesman.com

Mailed to: PO Box 98, Kewaskum WI 53040 Faxed to: (262) 626-1382

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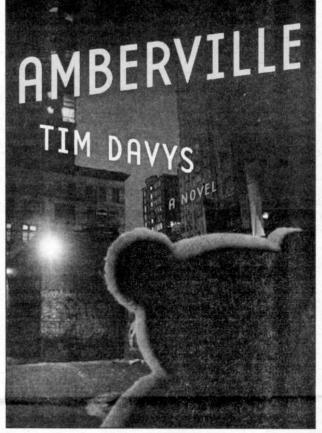
The Bookworm Sez

by Terri Schlichenmeyer

Amberville

by Tim Davys

Harper \$19.99 343 pages



A crisis of great proportions happened at your house last week, and you're still reeling: your toddler lost her favorite stuffed bear, and there was no household peace until it was found, just where she left it.

Remember secretly believing that stuffed animals came to life when you were sleeping? Remember the trauma of being separated from your bear or bunny or kitty?

In the new book "Amberville" by Tim Davys, Eric Bear may be separated from his beloved wife forever, unless he finds something that may not exist.

Eric Bear is a good stuffed animal. He's got a decent job and a nice house. He's a respectable member of his community, and married to the beautiful, graceful Emma Rabbit. But Eric Bear has a past...

Once upon a time, Bear was top man for Nicholas Dove, an evil crime boss who ran Casino Monokowski, where gambling, drugs and alcohol were plentiful. Nicholas Dove took care of his boys back then. But Bear left that life long ago. Now Dove is pecking

Now Dove is pecking around, asking for payback.

For decades, rumors have swirled about the "Death List", a weekly roster of animals targeted for disappearance. It's whispered that, on a certain night each week, Chauffeurs drive the color-coded streets of town and take away animals whose names are on the list. But it's a rumor, that's all. Nobody knows for sure if the Death List exists.

Nevertheless, Nicholas Dove heard that his name is on this supposed list. He tells Eric Bear to find it and remove the name. And if Bear doesn't, Dove's gorillas will find Emma Rabbit and tear her apart. Eric Bear knows it's not an idle threat.

Four days is all Eric Bear's got. He enlists the help of his three oldest friends: Snake Marek, an animal who lives up to his name; Tom-Tom Crow, who lives with demons of his own; and Sam, a "drug-intoxicated homosexual prostitute gazelle". With his friends' help, Eric Bear begins to think...

But someone else is thinking, too. Years ago, when Eric's parents put their name on the cub's list, they ended up with something they weren't expecting. Eric Bear has a twin brother, and Teddy wants to be Eric.

I didn't like this novel when I started it. It just didn't make a whole lot of sense. But then I let myself relax into this grown-up fairy tale of good and evil, double-crosses, truth, and lies, and I was captivated.

"Amberville" is, to be sure, a very quirky mystery. Author Tim Davys has created a dark parallel world of characters that are stuffed with human foibles and fears. Reading it requires a suspension of comfort, particularly if you're used to "normal" mystery novels. Reading it, once you get past the first few chapters, is worthwhile.

Keep in mind that, despite the cover, this is definitely not a book for kids. It's dark and complicated and not cuddly at all. Still, if you love noir mysteries, pick up a copy of "Amberville", stuff yourself in a chair and en-

Opinions

To the Statesman

I am writing this letter to declare my candidacy for the position of Chairman – Town of Scott, as a write-in candidate. Over the past several weeks, several people from the town have asked me to consider running as a write-in because of my past experience as town chairman for the leadership I can provide and for my common-sense approach to problem solving.

After careful consideration, I decided that doing this job would be an excellent way in which I could be of service to my community. Since I am now retired, I have more than enough time and energy to be an effective town chairman.

Generally speaking, the people who have approached me are also very concerned about the lack of timely resolution to issues and the apparent lack of open communication – between board members and between the board and the people of Scott.

If I am fortunate enough to win this elec-

tion, I will approach the job with energy and enthusiasm. I will do my very best to promote open communication and timely resolution to issues. I am committed to doing what is best for the town – especially trying to hold the line on taxes. All those who approach the board will be treated with the respect and fairness due them.

I do not seek this office with any hidden agendas nor will I tolerate them from others. My only agenda is simple and public – providing the residents of the Town of Scott the most participative, open, effective, efficient and responsive town government at the lowest possible cost.

I realize that running as a write-in is an uphill battle, since my name will not be on the ballot. Those of you who are inclined to vote for me will have to take the time to write my name on the ballot.

Respectfully, Larry J. Martin

Statesman Editor-

We want to take a moment to thank the community of Kewaskum for embracing us when we came into their community. We are a community theatre company they knew nothing about doing a play they probably have never heard of. Yet they embraced us with all their might and made us feel welcome. For that we are very thankful.

To those who braved the blustery winter weather to see the play, we say "thank you." To those who had second thoughts we say, "maybe next time." And I think we feel good about the fact that there likely will be a next time. Perhaps it can even become a regular event.

We thank all of the community but especially, the high school, Jim Palmer, Jason Pittmann, and their staff, Shirley Schlice and her ushering crew, all the businesses who jumped in to support the event like the Piggly Wiggly,

Victoria's, Brothers, and F&F Photography. All of these folks played a key role in making a successful event.

Maybe we didn't reach the financial success we had hoped for but the true measure of theatre and the arts is whether it created an event that entertained and stretched the mind a bit. That criteria, judging from audience reaction, was certainly met.

We also want to remind folks that if you didn't'get to see the play, there is still time. Lovers: Winners- Losers will be at the Windhover Center for the Arts at 51 Sheboygan Street, Fond du Lac, from March 6th to March 8th for 3 performances. Tickets are \$12 and can be purchased over the phone by calling 920-921-5410. Groups of 8 or more are \$10 each.

Kettle Moraine Players

Letter to the Editor-

I've never had the courage to actually strap on a pair, much less fling myself down a slippery slope. About the closest I've gotten to that is ogling an old, slivery brace of wooden skiis which once belonged to my father.

As is the case with most offspring, I couldn't actually visualize him astride those slender rails, descending in a powdery slalom. Even though he lived in the Rib Mountain area, better known these days as Granite Peak, he must have.

Because a drive to West Bend during this time of year always finds my attention drawn to the Sunburst Hill. Maybe it's precisely because I lack the nerve that a person lives vicariously through the more adventurous sorts who hurdle themselves down what wouldn't be such a big lump at any other occasion. A much bigger one rides in the throat.

If Sunburst almost lured me into trying, watching skiers twist through the tree bordered runs at Little Norway swiftly squelched any crazy impulses.

Now in the front end of the 50's, doesn't take a huge stretch of the imagination to see this fellow going down with the graceful style of a sack of potatoes. Followed by the roll head over heels into a progressively larger boulder of debris, brush, other skiers. Just like in the cartoons.

What's that snap? Not skis, just brittle bones. Whoa! There goes a leg as easy as a toothpick.

Which is probably getting way ahead of myself. Just the thought of dropping into a seat not much bigger than the one on a swing set, then rising off the ground, born a lot higher than a step ladder height by wispy, spider threads creates images of lengthy hospital stays.

Well you get the picture. It's impossible to soar with eagles when you can barely traverse a snow covered sidewalk without cleats, pitons and a climber's rig.

G.A. Scheinoha



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TOWN OF AUBURN **Town Board Meeting Notice**

The Town Board, will hold their regular monthly meeting on Monday, March 9, 2009 at 8:00 p.m. at the Town Hall, W1728 Sunset Dr., Campbellsport. A complete agenda will be posted at the Town Hall, Recycling Center, Zahn's Trading Post, Fran's Beauty Salon, Kettle Moraine Hair Design and Thiemer's Barber Shop on Saturday preceding the meeting.

Town Clerk

WNAXLP

Bonnie Berg

Share Your News

- Does your organization have an upcoming event that needs to be
- Did someone at your business get a promotion or special honor?
- Get your son or daughter's sports scores in the paper
- · Does your church, club, school or sports team have news to share with the community?
- · Share your family news with your neighbors - births, weddings, engagements, anniversaries, etc.

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NOTICE TO ALL WASHINGTON COUNTY DOG OWNERS

Pursuant to Section 174.052, Wisconsin Statutes, notice is hereby given to all owners of dogs in Washington County that dog licenses and rabies vaccinations are required.

Vaccination by a licensed veterinarian against rabies is required of all dogs (Section 95.21(2)) within 30 days after the dog reaches 4 months of age and revaccinated within one year after the initial vaccination. The owner of a dog shall have the dog revaccinated against rabies by a veterinarian when the certificate expires or within three (3) years of previous vaccination. The certificate of rabies vaccination must be presented to the collecting official before a dog license may be issued.

All dogs five (5) months of age or older require a license. The minimum license fee for neutered males or spayed females is \$3.00, upon presentation of evidence attesting to the same, and \$8.00 for the unneutered male or unspayed female dog or one-half of these amounts if the dog became five (5) months of age after July 1, of the license year. The governing body of any town, village, or city may raise the minimum dog license tax. Any person who keeps multiple dogs or operates a kennel may apply for a multiple dog license. The fee is \$35.00 for twelve (12) dogs or less and additional \$3.00 for each dog in excess of twelve (12).

Dog licenses may be obtained from your local town, village or city treasurer or designee during the course of any given year. Dog owners should notify their treasurer if their dog is given away or has died, so that you will not be considered delinquent. An affidavit of death is available.

PENALTY

Every owner of a dog 5 months of age or older who fails to obtain a license by April 1, will be assessed a late fee of \$5.00.

Brenda J. Jaszewski, Washington County Clerk

WNAXLP

OFFICIAL NOTICE - VOTING BY ABSENTEE BALLOT

Any qualified elector who is unable or unwilling to appear at the polling place on election day may request to vote an absentee ballot. A qualified elector is any U.S. citizen, who will be 18 years of age or older on election day, who has resided in the ward or municipality where he or she wishes to vote for at least 10 days before the election. The elector must also be registered in order to receive an absentee ballot.

TO OBTAIN AN ABSENTEE BALLOT YOU MUST MAKE A REQUEST IN WRITING.

Contact your municipal clerk and request that an application for an absentee ballot be sent to you for the primary or election or both. You may also request an absentee ballot by letter. Your written request must list your voting address within the municipality where you wish to vote, the address where the absentee ballot should be sent, if different, and your signature.

Special absentee voting application provisions apply to electors who are indefinitely confined to home or care facility, in the military, hospitalized, or serving as a sequestered juror. If this applies to you, contact the munici-

You can also personally go to the clerk's office or other specified location, complete a written application, and vote an absentee ballot during the hours specified for casting an absentee ballot.

TOWN OF FARMINGTON

Joanne Oneska, Clerk 1272 E. Green Lake Dr West Bend, WI 53090 (262) 675-6441 By Appointment

TOWN OF KEWASKUM Nancy Boden, Clerk 9019 Kettle Moraine Dr.

Kewaskum, WI 53040 (262) 626-2566 8 a.m. - Noon Mon., Wed. Or by appointment

TOWN OF WAYNE

Christian Kuehn, Clerk 6030 Mohawk Rd. Campbellsport, WI 53010 (262) 629-5032 By appointment only

VILLAGE OF KEWASKUM

Stephanie Justmann, Clerk 204 First Street Kewaskum, WI 53040 (262) 626-8484 7:30 a.m. to 4:30 p.m. M-F

The deadline for making application to vote absentee by mail is 5:00 p.m., Thursday, April 2, 2009.

Military electors should contact the municipal clerk regarding the deadlines for requesting or submitting an absentee ballot.

The deadline for voting an absentee ballot in the Municipal Clerk's Office is 5:00 p.m., Monday, April 6, 2009.

All voted ballots must be returned to the municipal clerk so the clerk can deliver them to the proper polling place before the polls close on Tuesday, April 7, 2009. Any ballots received after the polls close will not be count-WNAXLP ed.



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ALUMNI ACHIEVEMENT AWARD RECEPTION MONDAY, MARCH 9, 2009 - 6:00 P.M KEWASKUM HIGH SCHOOL LIBRARY

SCHOOL DISTRICT OF KEWASKUM BOARD OF EDUCATION REGULAR MEETING KEWASKUM HIGH SCHOOL LIBRARY 1510 BILGO LANE MONDAY, MARCH 9, 2009

7:00 P.M. **AGENDA**

- Call Meeting to Order
- 2. Roll Call of Members
- 3. Moment of Silence
- 4. Pledge of Allegiance Verification of Public Notice Pursuant to §19.84(1)(2)(3)(4)
- Agenda
- a. Corrections and/or deletions
- Approval
 - 7. Approval of Minutes
 - a. Regular Board Meeting February 9, 2009
- Comments/Concerns: This is the time visitors and guests may address the Board. The Board President may limit comments to 3-5 minutes.
- Approve Payroll and Accounts Payable-Mr. Leister
- Correspondence/Communications
- Reports
 - a. Principals' Reports
 - b. Finance Committee Report-Mr. Jensen
 - c. Buildings and Grounds Committee Report-Mr. Kesting
 - d. Policy Committee Report-Mrs. Cochran
 - e. Intergovernmental Liaison Report-Mr. Kenworthy
- Old Business
 - a. Second Reading of Policy Reviews Series 100-300-Mrs. Cochran
- New Business: All items under New Business are subject to discussion and/or action. a. Village/School District Baseball Diamond Maintenance Agreement Proposal-Mr. Reichert
 - b. Spanish as Second Language-Mr. Krumm
 - c. Chess Team Trip Request-Mrs. Horbas
 - d. Youth Options-Mrs. Horbas
 - e. Staff Resignation(s)-Mr. Krumm
 - f. Staff Contract(s)-Mr. Krumm
 - g. Extra-Curricular Resignation(s)-Mr. Krumm
 - h. Extra-Curricular Contract(s)-Mr. Krumm
 - Volunteer Letters-Mr. Krumn
- 14. Adjourn to Closed Session as per State Statute 19.85(1)(c) "Considering employment, promotion, compensation or performance evaluation data of any public employee over which the governmental body has jurisdiction or exercises responsibility. a. Administrative Contracts
- Convene to Open Session to take action, if appropriate, on the items considered in Closed Session.
- Adjourn

SCHEDULED MEETINGS

Buildings and Grounds Committee - Monday, March 16th at 6 pm - District Office Joint Board/Village Meeting - Monday, March 23rd at 6 pm - KHS

Finance Committee Meeting - Monday, April 6th at 6 pm - District Office Regular School Board Meeting - Monday, April 13 at 7 pm - Career Academy

WNAXLP

On Wisconsin Outdoors

Blocking the Great Lakes Express.... Root River set-up intercepts trout

Ten minutes into our roadblock carefully set to bring in and personally question any brown trout or Great Lakes rainbows that might be traveling on the Root River, Dave Sura's rod doubled over in a kind of silent scream; the first battle of the morning was on. Early indications said that the heavyweight fight could go the distance

Over just six feet of water on ice in the heart of Racine, tributary angling expert Sura was able to catch a glimpse of the fish through his augured window. Something resembling a delighted man-scream with a dash of early-spring, Uecker-eske style play-by-play spilled from the angler as black graphite bent and bounced.

"Oh man, that's a real toad," he said, in a patented voice reserved only for the elite Lake Michigan tributary slobs. "It's a very big brown trout."

Big...small...or somewhere in-between, there wouldn't be many fish moving downstream or upstream on the Root without passing close by Sura's spawn sacs or rubbing his jigging presentation of Berkley power grubs.

"I like to set the tip-ups in a diagonal line or zigzag depending on how many people are fishing and how many lines we can legally set," Sura said. "That way when the fish run up and down they hopefully will run into one bait or the next."

Before he sets his arsenal targeting Great Lakes fish, Sura decides between two distinct water types; harbors or rivers. Harbors in this neck of Wisconsin's southeast most often mean Milwaukee, Kenosha or Racine. Any harbor on Lake Michigan or Lake Superior will be effective near structure like docks and rock jetties, which predator fish use to ambush

"Don't be afraid to fish next to piers," Sura said. "I've seen fish caught off of them before the ice was thick enough to walk on." Sura explained this by saying that he drills holes right next to the pier while standing on the pier

"Bring a locator along if you own one and search for the deeper channels connecting the inner harbor to the main harbor. Fish will use these channels as runways through the harbor. The last area to set in a harbor is around aerators. Some harbors use these to keep the docks from freezing in solid. These areas generate current, which attracts fish."

fishing When rivers through the ice, Sura looks for the same characteristics that would attract him to open-water areas for trout. Down-river sections of a river, he said, are the best for icing trout.

"More fish will over-winter here than in any other section of a river," he said. "When searching downriver locations, look for key areas such as bends or marinas because these areas will likely have deeper water. I generally look for water five feet deep or deeper when searching for winter trout."

We arrived in the center of Racine and with Larry Calvi of New Berlin and local postal carrier Bob Merriman staked claim to a stretch of the Root with not another angler in sight. Most, Sura said, would be downstream fishing the

We set our tip-ups in a pattern to intercept moving trout. Sura likes to set tip ups light. Trout drop the meal at the first feel of tension. Sura set fresh spawn, and recommends varying the depth from right off the bottom to just below the ice., again to cover as much of the water column as possible.

"I do this by fishing the bait under a slip float on a jig rod or under a tip-up," Sura said. "They're easy to adjust and allow the angler to detect the slightest of hits. If you're not getting bit, change depths. When using spawn or minnows, set the line and wait. Check them periodically. Moving them can initiate strikes."

When jigging, Sura uses medium to medium-heavy action rods more than 32-inches in length. Longer rods provide more power to hook and fight fish that can easily exceed 20 pounds. He uses a "quality reel" spooled with 8-pound fire line, and three foot, 8-pound monofilament leaders.

He recommends Berkley Power Tubes and Gulp Grubs, Swedish Pimples, Kastmasters, and Buck Shot Rattle Spoons. When jigging artificial baits, he varies the aggressiveness of the bait because fish will want different presentations at different times

"Change colors as well," he said. Use spoons in silver or gold and plastics in white, orange or pink. Have a variety of colors, size and styles with you, because fish can be selective feeders."

The first big brown didn't make us wait long. After we used a power augur with 10inch drill to make about a dozen holes large enough to handle the largest of fish, Sura expected a 30 minute wait as any over-wintering fish re-established their residence after the commotion. But the fastgrowing seeforellen known for its tremendous fight whacked Sura's power grub in the first 10 minutes.

On his portable scale a few minutes later, the brown weighed in at 13 pounds. I followed that performance with a four pound brown an hour later, and several fish on jigging rods and tip-ups were lost over our two hour stay

You're targeting German Browns, Seeforellen Browns and steelhead. The average fish will be between four and seven pounds. But no fish, Sura reminds anglers, is worth endangering your life. Ice conditions change rapidly, especially on a river impacted by current, warm weather and run-off.

He recommends checking conditions with local bait shops or on websites like lakelink before venturing out. Particularly if you do not know a piece of water, use an ice spud and check conditions as you walk. Wear life jackets and carry ice picks in the event you do fall through. When you do approach the water with caution, the payoff can be great.

'Get out often," Sura said. "Weather changes don't affect these fish like they do inland lake fish. When the doldrums set in this winter, get out there and put some trout on ice. With this world-class fishery, you'd be crazy not to."

Indians downed by defending state champs

By Pat Neumuth Statesman Sports Editor

patrick@kewaskumstatesman.com

Indian head coach Bobby Bannasch knew his team had a tough task in traveling to defending state champs New Berlin Eisenhower's home and come out with a win.

"I just wanted to fight them. Just wanted them to work as hard as they could and give-us a chance to be in the game," Bannasch said after the 59-40 loss. "We hung with them. There was 30 seconds left in the third quarter and we had down to a ten point game."

The Indians played well in the second and third quarters, but gave up too many points in the first and fourth.

The Lions started the game with a 13-0 run, which lasted the first six minutes, 29 seconds of the ball game. Brandon Conroy hit a jumper from the baseline for the first and only bucket for the Indians of the first quarter.

Back-to-back threes by Brian Backhaus and Conroy brought them within nine just over midway in the second. Backhaus made another three at the four minute, 17 second mark to inch them closer. The Lions were up 22-16 after that Backhaus three.

"The guys worked hard all year. It was nice to see us go out on a good shooting night," Ban-

nasch said. "Brian Backhaus did a nice job hitting some big threes. Brandon (Conroy) did a good job, too."

However, the Lions ended the final three and a half minutes of the half with a 7-2 run. This gave Eisenhower a 34-18 half time lead.

The Indians kept chipping away at the Lions lead in the third quarter. Mat Toles made two free throws with 40 seconds left in the third to cut the Indian deficit to 37-27. Eisenhower's Patrick Drew hit a three with seven seconds left to finish the quarter.

The game got a little chippy in the fourth quarter. The Indians committed five straight fouls, which led to the Lions into the bonus. Eisenhower shot 7-for-10 from the charity stripe on those possessions.

They let a lot of physicality go. I mean, end of the season, obviously you want to win and I'm sure the competitive side got to them," Bannasch said.

Eisenhower committed 14 turnovers in the game, six of them in the first quarter. The Indians struggled getting the ball into their offense as well. They committed 28 turnovers, 12 in the first quarter.

The Indians only had two wins this season, but it doubles the one they had last year. They also got their first EWC win in two years this season.

PAT'S PREP OF THE WEEK Joe Paulus



Joe Paulus might have played his last game as a Kewaskum Indian in the 59-40 loss to New Berlin Eisenhower. However, Paulus will be a UW-Whitewater football player next year as a freshman.

Favorite sport: football

Who influenced your sports career: My dad. He played football at UW-Stout and was an All-American up there.

What is your favorite sport moment: re-

turning an interception for a touchdown against Plymouth

Favorite food: I'll eat anything

Plans after graduation: going to Whitewater for accounting and playing

If you could have dinner with three people who would you choose: Dick Butkus, Dwight D. Eisenhower and Andrew Jackson



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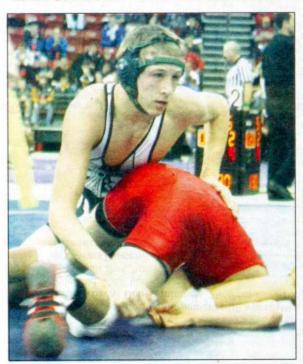
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Indian wrestlers find Madison mats difficult



By Pat Neumuth Statesman Sports Editor patrick@kewaskumstatesman.com

MADISON- Three of the Kewaskum Indians' toughest wrestlers gave their best shot at securing a state championship at the W.I.A.A Individual State Wrestling Tournament inside The Kohl Center, Thursday through Saturday. However Brad Bentz (130), Bo Seibel (140) and P.J. Krueger (215) all were met with difficult challenges but ultimately came home placing. Bentz finished fourth, Krueger fifth and Seibel sixth.

"I thought those three guys who made it down there did a nice job. Two sophomores placing (Bentz and Seibel) that's always nice," Indians head coach Dennis Aupperle said. "P.J. had higher hopes than that, but that doesn't always happen."

Bentz's finish to the tournament was bittersweet. He had to forfeit the third place match because he may have torn the rotator cuff in his shoulder. The trainer at the tournament said he had a slight tear and he went to the doctor yesterday for the diagnoses. He said he has wrestled through the shoulder pains for a few weeks.

Bentz made it to the semifinals with an 8-6 victory over Damien Luchterhand. In the semifinals match, Bentz faced Rudy Chagoya of Tomahawk. Bentz and Chagoya wrestled twice this year, splitting the series.

Chagoya got a two-point takedown in the first round. The takedown was all Chagoya needed for his 2-0 victory.

"I got lazy on my feet and I let him in. That was the only points scored. I couldn't get up when I was on the bottom," Bentz explained.

Chagoya won the 130-pound division. Bentz said his goal was to win a state championship, but placing in the top four was okay.

This was Bentz's second trip to the state dance. As freshman at Laconia last year, he placed sixth in division three.

Krueger got to do something most wrestlers don't get to do, win the last match of your high school career. On Saturday he got the chance at a wrestle back against Cody Wedde who knocked Krueger into the consolation bracket for fifth place.

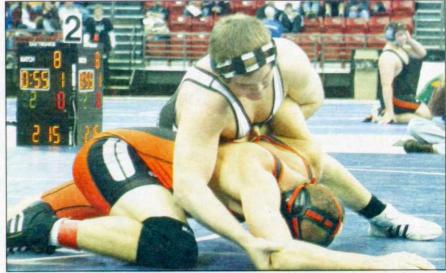
Wedde caught Krueger in the second round of the tournament with a pin in two minutes, 38 seconds. The second match was a close one. Krueger gave up a one-point, escaped in the second round, but was able to get a two-point takedown before the second round ended.

These were the only points scored and Krueger was able to defend off any Wedde moves in the neutral position in the third round for the victory.

"The coaches were telling me most kids don't get to get revenge on what happened, I was one of the few," Krueger said about his wrestle back against Wedde. "Seeing that it was my last match of high school, I went full out. I was pretty tired at the end of the day."

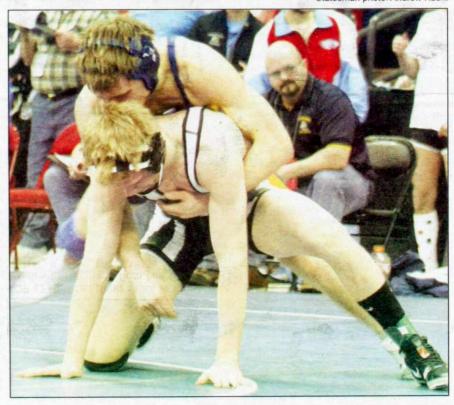
day."

"Two-fifteen was loaded with some good kids, everyone in the place winners and beyond," Aupperle said of the 215-pound weight class at state. "A lot of the time you give up that first takedown, that first point, and it's tough to make up down there."



TOP LEFT: Brad Bentz (130) is shown breaking free of a hold from his first opponent, Damien Luchterhand from Neillsville. Bentz won an 8-6 decision in that match. TOP RIGHT: P.J. Krueger (215) is shown in his match against Clintonville's Cody Wedde. Krueger lost in a 2:38 pin. Krueger was ahead in the match 2-0 before quickly being overcome by and pinned by Wedde. On Saturday, Krueger won against Wedde in a wrestleback. BOTTOM: Cody Seibel attempts to stand during his match against four-time state champion, Nick Hagar of Tomahawk. A photo gallery of Friday's action in Madison can be found on our website.

Statesman photo: Andrew Kueh



Seibel overcame a month hiatus during the regular season to make his second straight year at the state tournament.

"Placing at state is pretty big, especially coming off my ankle injury. There's a lot of positive things this year and a lot of negative," Seibel said. "I just have to keep working hard in the off-season."

His draw in the tournament was not the best. After Seibel beat Will Davis from Prairie du Chein, he had to face 50-0 Nick Hagar of Tomahawk.

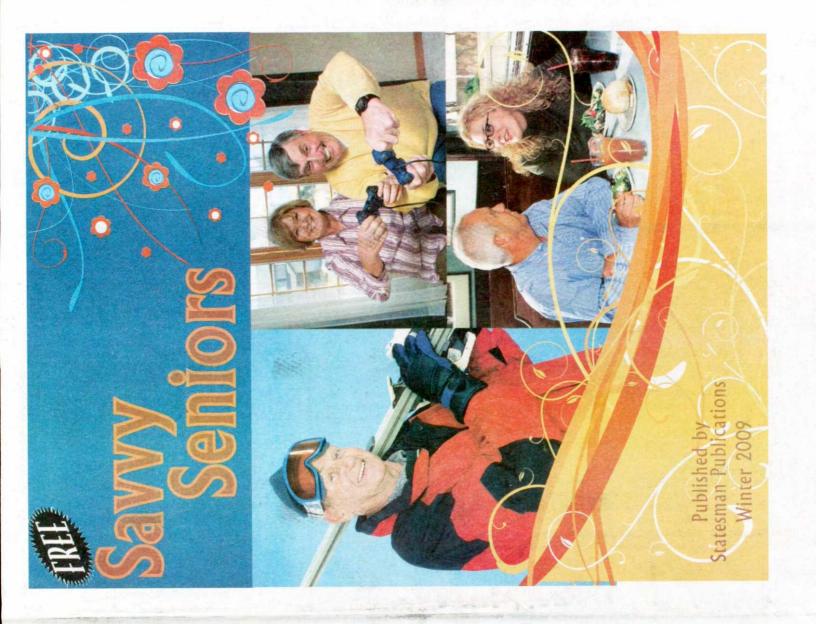
Seibel gave up a twopoint takedown in the first round and a two-point reverse escape in the second and lost 4-0. Hagar ended up winning the 140-pound division and is a four-time state champion.

"I think he did well," Aupperle said about Seibel against Hagar. "That might have been one of Hagar's closest matches (at state). He knew he had nothing to lose and everything to gain. Four nothing, that's not bad against a four-time state champ."

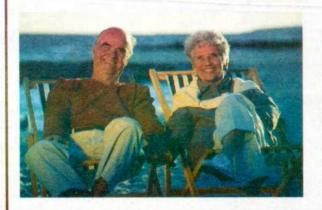
Seibel said he wrestled much better Friday at the tournament than he did on Saturday. Seibel lost to Zach Borofka of Bloomer 5-1 in the fifth place match. "I kept getting deep shots and kept getting deep on the kid and I didn't finish anything," Seibel said about his match against Borofka. "I just gave dumb points away and didn't finish anything and didn't wrestle smooth or smart."

Aupperle said this was a great season. It was the first time the team won the conference tournament and it had been a long time before a top four finish at the On the Waters tournament in Oshkosh

Visit my blog at neumuthsnotes.blogspot.com for match-by-match details from the state tournament.



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Welcome

To the 2009 winter edition of Savvy Seniors

It's the beautiful time of vear when there's the time to do some of the things I enjoy most! Like celebrating my birthday with new friends and family. What a glorious cold, crisp day it was with just a bit of flurrying to freshen up the world and make it clean again!

Winter gives us time to think deeply about our responsibilities as older adults-have we achieved what our parents expected of us? Have we passed on the necessary skills which we were taught but maybe haven't HAD to use prior to these economic times?

Along those lines, there's a seminar coming up about Edible estates-growing edibles on your lawn-i.e. between/amongst the existing beds. It's time we once again learned to grow our own foods, save the wax paper from those cereal boxes (it's much stronger

than that on the roll) and reuse paper bags. Our parents learned to limit the number of toilet tissue squares they were allowed to use. Do our children even think of that? Do we? How many of us use a handkerchief; do our children have any? What an interesting gift that would be! Interesting thoughts...

Winter brings time (finally) for books. I was blessed with four new reads on my birthday. One was The Shack-thanks sister dear! That was a great read and something everyone would get involved in! Also available in audiobook

Winter reminds us to welcome the four seasons; it's not always the same so we don't get dull and bored. We have something to look forward to.

Wonderful winter--the cold and blowing gives us the time to not only dream. but remember the great summer squash, with each

delicious carrot from the fruit cellar, the planning begins! Seed catalogs are arriving and we're working with the children about what new colors of veggies we want to try this year. Still have some yellow beets and pink potatoes too!

Winter brings time to Quilt! YES! Time to finish those UFO's and time to start anew. By the way, speaking of the economy, did we teach them how to mend? What a word that's

edition Our Winter brings new advertisers as as regulars. Please remember to mention the Savvy Seniors newspaper when you stop by and thank them for helping to bring you this copy. If you wish to recommend a new advertiser, please let us

If you find you have a case of 'Cabin Fever', it's a great time to bundle up and visit area retailers. These small stores have kept us going for years but winter gives us a chance to dawdle and really see what's inside all those little shops. They are a gift to our economy and offer us a world of wonders that self serv cannot.

On April 30, we are looking forward to welcoming you to the Washington County Fairgrounds and the 2009 Senior Conference. This is one of those informative, but enjoyable days you won't want to miss.

Visit the vendors, have some coffee or snack for breakfast. attend a seminar and then there's entertainment and lunch. The afternoon will bring more seminars and time for the vendors. This is a great event with easy access and nearby parking. It's when everyone's conveniently in one place to ask those questions you need to know

This features another Washington County Landmark Committee spot. historical edition we feature the home Jackson resident. Reuben John Schmahl. These historic places are a treasure and we delight in featuring them here.

Since many enjoyed the Depression Era Cookbook article and recipe, we will continue (with permission from the publisher) to print from those great books and they continue to offer purchase postage-free of their cookbooks to our readers

As always, enjoy!

Bonnie Wenzlaff Advertising Sales Representative

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Politics is full-time job for retired Kiernan



Vice Chairman of The Washington County Republican Party, Kathy Kiernan, poses while making phone calls recently at the organization's headquarters in West Bend.

By Pat Neumuth Statesman Staff Writer patrick@kewaskumstatesman.com

This year's presidential election was one of the most anticipated elections in some years. Many people get excited when they have a chance to vote,

but for Richfield resident Kathy Kiernan, her political involvement is year round. Kiernan is the vice chairman of the Washington County Republican Party three years running. She got

active with the Washington
County Republican
Women's Club when she
retired in 1995 and later
joined the Washington
County Republican Party.

Four years in being involved with the Women's Club, she became the president for two terms, or four years.

"That's when I became active in all of that," Kiernan said about joining the Republican Party. "I enjoy

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the politics part and it's something I've always cared about. So I got more active and got involved with the presidential campaigns."

Kiernan had her hand in Tommy Thompson's last campaign for governor and Mark Neumann's for State Senate. In 2004, she was picked to be the Bush/Cheney Campaign Chairman for Washington County.

"I was very, very involved and we spent a lot of time. We have a full time office in West Bend that we are at year round," Kiernan said.

Typically, the office is only opened during the campaign season, but they plan on opening the office a couple days a week year round. All of the workers at the Washington County Republican office are volunteers. Kiernan said

during campaign season it is like a full time job.

What they do during campaign season is find people to volunteer for the campaign to make phone calls to residents and known Republicans.

Even though her party did not win, she thought the election itself went well. She said she is always concerned about voter fraud in Wisconsin, however.

"I think the right to vote is one of the most precious rights that we have in this country and I don't like the fact that we can't at least ask people to present an ID to prove who they are to vote," Kiernan said.

She explained people have been caught with addresses that are open lots or underneath bridges. She said this is a system that is flawed. She said if people care about voting they should find time to preregister.

With Barack Obama in the presidency seat, she said she sees the government go the path of Socialism.

"I think he is an okay man. I think he has a lovely family. And I think he did a lot of things right," Kiernan said of Obama. "I think he appealed to the younger generation. What bothered me was that what goes on in our public schools is not fair and balanced. I think the young people hear so much of the liberal side."

Kiernan is doing something to educate the youth on the conservative side. The Washington County Republican Party started a Young Republicans Club a number of years ago.

Kiernan is also active in the Richfield Lioness

Club events. She said if she joins more clubs it will help to benefit her local community.

Kiernan is a retired employee of what was Ameritech. She worked in the engineering department for all 30 years of her career. She worked her way up the phone company starting as a clerk.

She loves living in Washington County and plans to do so for the rest of her life.

Do you have someone that should be featured

as our Savvy Senior? Please email Publisher Andrew Kuehl at akuehl@ kewaskumstatesman.com or call him (262) 370-0831.

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March 11 (Wednesday) Bingo - Sponsored by the Kewaskum Area Chamber of Commerce at the Kewaskum Annex Building, Fond du Lac Ave., Kewaskum. Doors open at 4:30 p.m. with games beginning at 6 p.m. (262) 626-3336.

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April 22 (Wednesday) Dinner & Style Show sponsored by the Kewaskum Area Chamber of Commerce held at the Amerahn. All are invited to attend this event. Advanced ticket purchase is strongly encouraged. INFO: 262-626-3336

April 25 - 7:00 AM -12:00 PM. Pancake Breakfast hosted by the American Legion Post 384. Proceeds

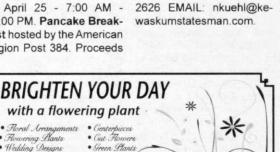
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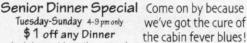
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Washington County Landmark Commission honors Reuben John Schmahl



The Schmahl home in the summer of 2008 after being named a landmark

By Patrick Neumuth Statesman Staff patrick@kewaskumstatesman

JACKSON- All families pass family heirlooms down from generation to generation, whether it be fine china a tea set or maybe old baseball cards. Reuben John Schmahl's family passes a two-story, four-bedroom house from generation to generation.

Schmahl, 94, has lived in the 123-year-old house for all of his life. However, the original property was not settled by a Schmahl.

Jacob Moersfelder first purchased the property on April 11, 1846. He passed away and deeded the property to his son Peter and his wife Juliana in 1860. Peter passed one year later and Juliana remarried John Schmahl, Sr. in 1864.

The first house on the property was a log home. In 1886, John, Sr. and Juliana built the home that is currently standing today. The date is etched on one of the walls in the basement.

"It must have been quite a glorious day when they went from the snow creeping in from the log house, to a solid brick home," Schmahl

said. "I always regret it now that I think of it why didn't I ask some questions about living in that old cold shack out there.

Schmahl has lived the longest in the house, 94 His years and counting. father, John, Jr. was born in the original log house for the first 20 years of his life before they built the solid brick house. John, Jr. lived on the property for 90 years. John, Sr. lived there for 40 years and the Moersfelder family for 18 years.

When it was first built, the house was valued at \$1,700 and had to pay \$14.40 in taxes. In 1943, the Schmahls made improvements to the original front and rear porches and enclosed them. In 1955, the improvements were done on the first floor, such as the kitchen, dining room and living room.

The house was officially declared a landmark last summer. Uniquely it was Schmahl back in the 1970s

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that started the Washington County Landmark Committee.

"Historic places that thought should be landmarks started the ordinance back in the 70's I guess," Schmahl said about starting the Landmark Committee

Schmahl said he did not know that when he started landmark committee that his house would ever be considered for the honor. He pointed out, he did not start the committee for that purpose.

Schmahl just did not stay in the house for his 94 years. Schmahl has made an impact in the Jackson He was part community.

of Jackson's School Board for 20 years, Jackson Fire Department for 30 years, Town of Jackson Board as a chairman for 38 years, he was on the Washington County Board of Supervisors for 45 years, chairman and director for St. Joseph's Hospital for 28 years and much more.

Schmahl has received plenty of awards for his contributions to Washington County. The Jackson Area Businessmen Association named him Man of the Year in 1984, the West Ben School District gave him the Alumnus Achievement

Please see Schmahl, Page 6



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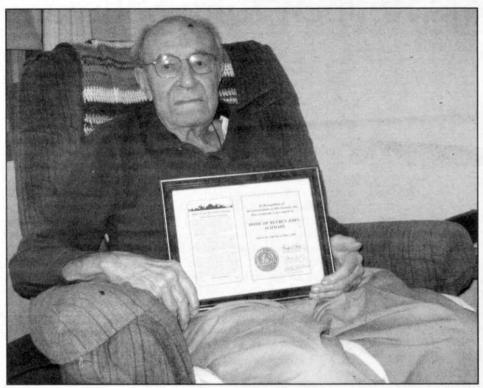




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Schmahl honored



Reuben John Schmahl sits in his favorite chair with his decree from The Washington County Landmark Commission.

Statesman photo: Patrick Neumuth | patrick@kewaskumstatesman.com

(Continued from page 5)

Washington County Award in 1994 to name a few

will be The house staying in the Schmahl family for years to come Reuben Schmahl, Rueben John Schmahl's only child, is next in line to own the house.

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Interested parties should bring along last year's form, all 1099 forms from banks, Social Security, or annuities; from forms any W-2 employers, monthly Social Security amount, and rent certificate. Forms can be obtained at the Kewaskum and West Bend Libraries Washington County and Clerk's office. Contact these locations ahead to confirm availability.

If you have questions, please call the Aging & Disability Resource Center of Washington County at (262)

The following is schedule for free tax assistance:

Fridays through April 10 at Germantown Senior Center, W162N11960 Park Avenue, from 9:00 a.m. 2:00 p.m. Call (262) 253-7799 for required reservation.

Mondays through April 13. at Hartford Senior Center, 730 Highland Avenue, (262) 673-4005. 9:00 a.m. - 1:00

Wednesdays through April 8, Glacier Hills Credit Union, 2150 South Main Street West Bend from 9:30 a.m. - 3:00 p.m. Call (262)338-1888 for required reservation.

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Cedar Community opens Cedar Landing in Elkhart Lake



A view of Cedar Landing right after construction. The retirement community is Cedar Community's fifth campus.

Photo courtesy of Cedar Community

By Pat Neumuth

patrick@kewaskumstatesman.com

ELKHART LAKE- Cedar Community headquartered in West Bend, has expanded to its fifth campus as it calls Elkhart Lake home. Cedar Landing Village Homes and Cedar Bay assisted living opened last summer.

Cedar Bay has 27 apartments with a choice of one or two bedrooms and 40 homes that have two bedrooms and two baths.

"Most have some connection to the area," Director of Marketing and Communications Tracey MacGregor, said about the community. "We've had people call us or reach us by internet from Arizona, North Carolina, so really all over, but it turns out they've been here or have a connection with the area."

Both areas in the community have great amenities. The village homes have walk-in showers and closets, a two-car garage, full basement, first level living, a porch overlooking the park, a spacious kitchen with appliances and laundry room.

In Cedar Bay, there is 24-hour nursing staff available. Cedar Bay cooks the meals in the assisted living cafeteria, but there is a microwave and refrigerator in each apartment.

"We have a housekeeper, a cook and a nurse on staff 24/7, so assisted living is by nature more expensive than your regular living environment, but it is also less expensive than a nursing home," MacGregor said.

MacGregor said many residents chose assisted living to keep up with their nutrition or for quick response to a fall or injury.

"All of our properties have different personalities. Here, you are in the heart of a resort. The residents can walk to the lake front and use the access beach for the residences," MacGregor said about the

rement community is Cedar noto courtesy of Cedar Community location surrounding Elkhart Lake. "There are the shops

and cafés within walking

distance."

Cedar Landing encourages their residents to have family gatherings. MacGregor said this is their home and they want family to visit. They have a separate clubhouse room to hold larger gatherings.

Cedar Bay also allows small pets in the apartments and they have a Beagle, named Ivan, who lives in Cedar Bay and is the community's pet. In the village homes, residents are allowed at most two dogs.

Activities are planned and available for every resident at Cedar Landing. The most popular game at the community is a game introduced by a resident. It is called "Ouch" and it is similar to "Sorry," but played with teams on a homemade board, with two decks of playing cards.

Activities coordinator at

Cedar Bay Andrea Schultz said the residents take part in a walking program called Take a Walk on Route 66. The resident's goal is to walk to Tucson, Arizona. Walking for 10 minutes equals a mile.

"I like it because things are done for me. My eye sight is so very, very poor," resident Lillian Kading said. "Anything I need I just call on the girls and they come and they help me with whatever it is."

Right now, Cedar Bay has only three residents living in the community. Twenty-four of the 40 village homes are reserved.

"I always tell the nursing staff and the caregivers that they make my job really easy because we do have such a good reputation for quality care," MacGregor said. "I would have my own mom here and I think everyone here would have it the same way."

Residents at Cedar Landing must be 62 years or older. Questions can be answered by contacting Cedar Landing Campus Director Monica Smith at (920) 876-4050.





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Washington County Senior Conference April 30



Attendees at the 2008 Senior Conference work on a beading project. This year's April 30, event also has a number of interesting activities and informational seminars. For more information contact the Aging and Disability Resource Center at 262-335-4497_{Statesman photo: Andrew Kuehl}

WEST BEND- Save the date for the annual Washington County Senior Conference. The event is Thursday, April 30 from 8 a.m. to 3 p.m. at the Washington County Fair Park in West Bend. Enjoy a funfilled day of demonstrations, workshops and lunch.

Registration is from 8 to 9 a.m. followed by a short welcome from emcee, Scott Lopas of WTKM. Attendees will have an opportunity to visit over 50 vendor booths from 9:15 to 10:30 a.m. Two breakout sessions with six workshops in each session will be offered. The

morning session, 10:30 to 11:45 a.m., includes topics on memory loss, home transitioning, scrap booking, geriatric care management, reverse mortgages and beading. Afternoon sessions, 12:45 to 2 p.m. include aging and sleep, healthy weight, photography 101, home modifications to live independently, handling market volatility and beading. Demonstrations will be held in the main pavilion area and include dance skin care and make-up tips for seniors and cooking.

The registration fee is \$15 per person and includes registration materials, workshops, demonstrations, vendor booths and a box lunch

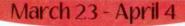
The event is sponsored

Publications, Statesman Aurora Health Care, Care Wisconsin, Community Memorial Hospital, Interfaith Caregivers, Ivy Manor Assisted Living, West Bend Clinic, St. Joseph's Hospital, West Bend Social Security Office, Washington County Aging & Disability Resource Center, Senior Center, Samaritan Health Center and Veterans Services community volunteers. Visit or contact any sponsor to get your registration form. The registration deadline is April 23

For more information, contact the Aging and Disability Resource Center at (262) 335-4497.







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Wisconsin joins Long Term Care Insurance Partnership

On January 1, 2009 Wisconsin joined the growing number of states offering Long Term Care Insurance Partnership. A cooperative effort between private insurance and the state, the LTC Partnership program gives Wisconsin residents a financial incentive for buying long term care insurance. When they need care, the private insurance pays Later, if they become first eligible, Medicaid pays. But if they have a partnership policy, the amount of money the insurance company paid for care is not counted as an asset when eligibility for Medicaid is calculated. By encouraging the purchase of long term care insurance. Medicaid is returned to its role as the payer of last resort. Individuals and their families have more choices as a private pay patient and the state saves precious money for the truly needy.

If you buy a Partnershipqualified policy, you can preserve assts equal to the amount of benefits paid out by your private policy if and when you apply for Medicaid. Medicaid income and asset requirements would still need

to be met but this portion of assets would be "disregarded" and thus preserved. The program does not guaranty Medicaid eligibility.

Long-term care is help with basic activities of daily living like bathing, dressing, and moving from one place to another. Private insurance pays when help is needed with at least two of the six basic functions or when there is severe cognitive impairment, such as Alzheimer's. Such care can be provided in a person's home, assisted living or in a nursing home. As you can imagine the

costs can vary with the average cost of a private room in a nursing home in SE Wisconsin at \$258/day or \$94,000/year. Medicaid only pays for care in a semi-private room in some nursing homes and sometimes a "Medicaid bed" is not available anywhere near the

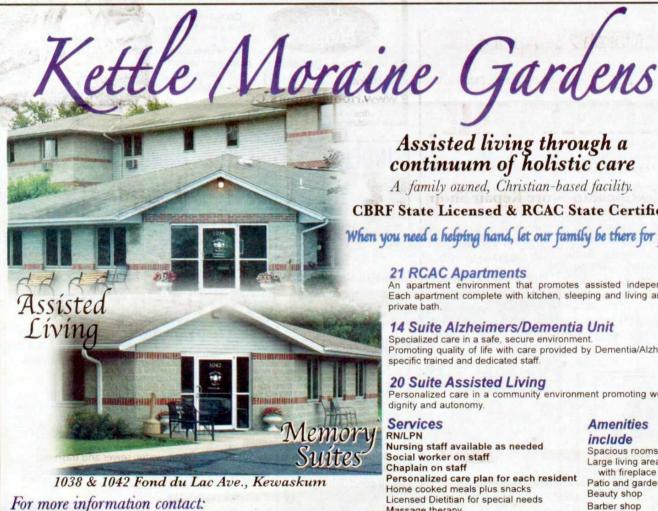
elder's family. Long-term care insurance can give consumers peace of mind knowing they have options in where they receive care and knowing they won't leave a spouse in poverty or they will be able to leave something for their heirs



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For more information

about Aurora Freedom 55+ program or to request an application to join call, 414-389-2555 or toll free at 888-537-3336, or log on to www. Aurora.org/Freedom55.

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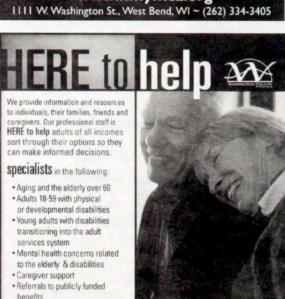
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Nurse News

By Gloria May, M.S, R.N.

Imagine you are fifty years old, seriously ill, and your doctor looks you in the eye and tells you there's a promising treatment that, although quite aggressive, offers the best chance of providing a cure or at least years more of quality life for you but, oops, sorry about that, it's not for you because you are too old. You'd be stunned. Over the treatment hill at fifty? How about if you were sixty or seventy? Or eighty?

Do you think there is (or should be) an age ceiling for hard-hitting medical interventions? Should centenarians be undergoing hip replacements? How about open heart surgery for eighty-five year olds? While the social observation is that eighty is the new fifty, does that or should that hold true in the doctor's office?

It wasn't long ago that there was a treatment ageism in medicine, that while there was no formal prohibition against going all out for the older patient, doctors tended to be dismissive of aggressive procedures like open-heart surgeries or spinal fusions or organ transplants in folks past their seventh decade.

But that attitude is changing. Doctors are beginning to recognize that it isn't a patient's age per se that affects the success or failure of major surgeries or therapies but rather the status of the patient's "physiological

Those would be the patient's built-in strengths and capabilities that are needed to successfully rehabilitate, to ward off the stresses of whatever surgery or treatment was needed, and to manage any complications. (It's not the procedure that's the most difficult challenge for the older patient; it's the recovery.)

Doctors have come to acknowledge that our true age is not a hard and fixed chronological marker, an unmodifiable risk factor as we have been previously told, but indeed the result of a two-part process: yes, the time-related effects of life we all experience by virtue of the ticking clock but also the result of the poor lifestyle choices that can make our bodies older and more frail than just the passage of time. In other words, one age does not fit all, a phenomenon you witnessed at your high school reunion.

So, how do we shore up our physiological reserves so that just in case we do find ourselves in need of some whopping procedure

or therapy we will be at the ready and considered "good candidates" despite our chronological age? How can we help ourselves manage the getting well part of whatever treatment is being offered despite the fact that we are getting older?

Turns out that the same things we do to keep us healthy today are what's needed to pump up the reserves we may need tomorrow or next week or next year: regular aerobic exercise, muscle building (even the most modest type), balance training, healthful diet, weight control, blood pressure management, avoidance of tobacco and too much alcohol, all those daily choices we make that influence how long and how well we will live.

Taking care of yourself and striving to improve your body's physiology, how well it functions, is not only a good way to live today, but is a hedge against any emergencies in the future.

Gloria May, M.S., R.N. is a registered nurse with a master's degree in health education. She can be contacted at gmnursenews@ hotmail com

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Jackson Seniors Club

Jackson Town Hall 3146 Jackson Dr Contact: Willmer Ehlke 262 677 3219 Open Tuesday 11:30 for meals and cards \$5 annual membership

Hartford Senior Center

730 Highland Avenue 262 673 4005 www.hartfordseniorcenter.com Phyllis Cuellar MTTF 9 to 4

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330 N Walnut St 920 387 7911 Contact: Jerry Koepp, Open MWF 1 to 4 p.m. Member bingo- second Tues. \$10 annual membership Monday - Friday Dodge County meal site

Richfield Senior Citizens

Richfield Town Hall 4128 Hubertus Rd Hubertus, WI 53033 Contact: Aveda Zanders First & Third Wed., 11:30 - 3:30

Germantown Senior Citizens W162 N11960 Park Avenue 262 253 7799 Contact: LaDonna Kleiss

Plymouth Senior Citizens 901 E Clifford St. 920 892 4821 Open M-F 9 a.m. - 4:30 p.m.

Beaver Dam Senior Center 114 E Third St

920 887-4639 Open M-F 7:30 a.m. - 4:30 p.m.

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Remembering the Great Depression

ByBonnie Wenzlaff Statesman Staff

Our Fall 2008 edition of Savvy Seniors began this series of articles from the Stories and Recipes of the Great Depression of the 1930's Volume I,II,III,IV,V by Rita Van Amber. We are continuing the series with this issue as many of the stories and recipes are not only enjoyable but helpful for us to pass on to the younger generation as they face today's difficult economical times. The following is taken from Volume

The Great Depression taught us to live within our means, save for a rainy day, appreciate family and friends, help the less fortunate, admire God's handiwork in humankind and in nature and look for the bright side. I hope no one has to learn these values the way I did

We all gathered around radio when Franklin Roosevelt was elected President. There was a courageous ring to his voice as he told us, "We have nothing to fear but fear itself." We needed that. Long lines of people waited for soup kitchens, sponsored by charitable groups and churches, to set up in the streets. Peddlers were all over the place selling everything from used appliances to fur coats. It may be hard to believe, but there were some good things about the depression

For instance one learned how to work. The Great Depression taught one that "work=job=pay."

Hence, work is a privilege because it provides income needed for life. Too many people now think that pay=job=work and make misery out of the process. They'll never know the difference until no job is to be found at any pay.

One also learned debt is bad when it exceeded earning power. Today the United States owes more money to foreigners, than any nation in the world because its people have forgotten that they should spend money only after they have earned it, not before.

Clothes were handdown from child to child. sewn when torn and patched when worn. Schoolbooks were used until the covers fell off. Then they were rebound. Shoes were resoled and re-heeled. People helped each other out, offering jobs if possible and swapping necessities. There was no Social Security or welfare established.

Fred Steffen Eau Claire, Wisconsin

My brothers and I would catch bull-frogs. We'd clean them and have them for supper. That was the best meal we had

Mother made mittens out of old sock tops. She cut a hole in them and sewed a thumb on

Someone who knew my brother killed a bear. He brought us some meat so Mother made bear sand-

We ate a lot of oatmeal and cornmeal mush with bran sprinkled on it.

The finance company came and took our car away because Dad owed and no one in this house \$25 on it and he didn't have the money

> **Henry Seis** Antigo, Wisconsin

No garden was complete without it's cabbage patch. Heads of cabbage were stored directly on the dirt floor of the cellars which provided fresh coleslaw for a major part of the winter. We now know we should eat cabbage almost daily for healthy bodies; they didn't know at that time why they needed it. Now in the 1990's we're told to consume vegetables of the cabbage family daily to keep our immune systems healthy. We rarely heard of cancer in those days

Joan Beltz Canton, Ohio

A life-saver in the 30's. beans were served often, in soups, baked in the roaster and then used for sandwiches. They were excellent for lunches. All one did was butter two slices of homemade bread, dollop on a big tablespoon of beans, spread it around, relax and

Bean sandwiches are just as tasty today but we might add mayonnaise with or without the butter and we might add a lettuce leaf if we had one handy or a slice of tomato. The beans take the place of high fat sandwich meat and are probably tastier.

Homemade baked beans are easy to make and compare to store bought beans the way "Wonderbread" compares to homemade bread. It's simple to make a large batch and some for another time. The recipe that follows was used almost weekly

ever got tired of it.

Helen Cichy Brandon, Minnesota

Boston Baked Beans

2 lbs. navy or pea beans: wash, soak overnight in water, cover well. Drain, cover with water again and cook until skins burst, about one-two hours on very low heat. Turn liquid and beans into large casserole and add

1 T salt

4 T brown sugar (1/4 c) 1/2 c molasses

1 t dry mustard

1 T vinegar

3/4 to 1 lb salt pork (or leftover ham or bacon) cut into bite size pieces

If ham is salty and you add quite a bit, use less salt. Cover and bake six hours. Without stirring but adding water if necessary. Uncover last 30 minutes.

Turkey and Dressing Casserole

This can be made a day ahead and refrigerated until baking time. Bake sweet potatoes alongside serve with cranberry sauce for a complete meal

1 c sliced fresh mushrooms

2 T minced onion

1/4 c finely chopped celery

2 c cut-up cooked tur-

3 c soft breadcrumbs

1 c milk

1 c chicken broth

1/2 c egg substitute or 2

1/2 t each celery salt, paprika, poultry seasoning

1/8 t pepper

Saute mushrooms, onion, and celery. Mix with remaining ingredients. Pour into greased two qt baking dish. Set in pan of water. Bake 1 1/2 hrs. at 350 degrees

Stories and Recipes of the Great Depression, Volumes one through five are available from:

Van Amber Publishers 862 E Cecil Street Neenah, WI 54956 or Phone: (920)722-8357.

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The Healthy Senior

By Fred Cicetti

Free Health Screenings Dear Savvy Senior

Last month I got a free cholesterol and blood pressure screening at my local pharmacy. While I was there, the pharmacist told me that there are many organizations that offer free or low-cost health screenings to help uninsured people in need. Where can I find out about these free screenings?

Waiting for Medicare

Dear Waiting

Depending on where you live, there may be a wide range of free or lowhealth screenings available to you. Here's what you should know.

Screening Search

There are countless organizations, government agencies and even businesses across the country today that provide free or low-cost health screenings. While there's no one single resource for locating them, your first step should be to call your city, county or state health department and ask if they are planning or know of any upcoming health fairs or screening programs. should also check your local hospitals, pharmacies and senior centers as these are where most free screenings are held at. National and local health associations may you identify help disease specific screenings. example, to search free/low-cost cancer screenings contact the American Cancer Society (800-227-2345). Or to look diabetes screenings call your local American Diabetes Association office (call 800-342-2383 to get your number).

In the meantime, here are some national screening programs and services you should know about.

Vascular disease:

Throughout September, a program called Legs for Life offers free screenings for peripheral arterial disease, a "hardening of the arteries" condition that indicates an increased risk for heart attack or stroke. Some sites can also test for related diseases like abdominal aortic aneurysm and carotid artery disease. To find a screening site, visit www. legsforlife.org or call 800-488-7284. Another resource that maintains a directory health care facilities free/low-cost vascular screenings is www. vascularweb.org. Also see www.cdc.gov/wisewoman, www.sistertosister. org to find women-specific cardiovascular screenings in multiple cities

Skin cancer: American Academy (888-462-Dermatology 3376, www.aad.org/public/ exams/screenings) offers free screenings done by volunteer dermatologists the U.S. Free screenings offered by the American Society DermatologicSurgery(www. skincancertakesfriends.org; 847-956-0900)), and the Skin Cancer Foundation (www.skincancer.org; 800-754-6490)

Breast and cervical cancer: The CDC's National Breast and Cervical Cancer Early Detection Program (www. cdc.gov/cancer/nbccedp; 800-232-4636)

and underinsured women access to free or low-cost mammograms and tests. Free/low-cost breast screenings cancer also available at hundreds of hospitals and clinics on National Mammography Day on Oct. 17, 2008. To locate a screening site, visit the National Breast Cancer Awareness Month Web site at www.nbcam.org and click on "Find a Mammography Center Near You." Once you locate one you'll need to call to find out if they are offering free screenings, and if so, schedule an appointment.

Prostate cancer: During national Prostate Cancer Awareness Week, (www.pcaw.com; 866-477-6788) the Prostate Cancer coordinates with hundreds of local sites across the U.S. offering free or lowcost screenings to all men over age 45, or to high risk men (African Americans or those with a family history of the disease) over 40. The National Prostate Cancer Coalition and the Drive Against Prostate Cancer (www.fightprostatecancer. org; 888-245-9455) also offers free screenings on mobile screening units that tour around the country.

Kidney disease: The

National Kidney Foundation (www.keeponline.org: 800-622-9010) offers screenings in 48 communities across the country for those at elevated risk - adults with high blood pressure, diabetes or a family history of kidney disease. They also offer free screenings in at least 20 additional cities on World Kidney Day, March

Memory: have vou about memory concerns have a family loss or of Alzheimer's history disease the Alzheimer's Foundation of America (866-232-8484 nationalmemoryscreening. org) offers free memory screenings across U.S. on National Memory Screening Day.

the American College Allergy, Asthma Immunology (www.acaai. org) sponsors free asthma screenings in more than 250 locations nationwide.

Depression:

National Depression Day Screening mentalhealthscreening. org) on October 10 offers hundreds of free screenings nationwide for depression, anxiety and other stress disorders

Savvy Tip: For more in-depth list of screening free/low-cost programs, go to www. FreeHealthScreenings.org.

Am I too old for chiropractic care?

By Dr. Krysti Wick Rivershores Chiropractic

This is a question that am asked to answer on a daily basis. Many senior citizens are concerned that chiropractic adjustments may damage their spine due to osteoporosis or other general effects of aging.

Chiropractic care can be safely tailored to any body type and any age group by using various techniques. A thorough examination and x-rays of your spine will help your Chiropractic physician determine which technique is best for you. Regardless of your age, chiropractic care can help improve your mobility by restoring proper spinal function.

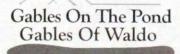
Chiropractic especially important as you age to assist with arthritic symptoms and other chronic musculoskeletal problems that are associated with the aging process. As more people are becoming aware of the many side effects of over the counter and prescription medications

they are seeking alternate approaches to maintain their health.

Chiropractic care is a safe and natural way to deal with many common ailments without the use of harmful drugs. To maintain optimum flexibility and wellness as you enjoy your senior years, consider creating a strong diverse healthcare team by combining chiropractic care with the care you receive from your primary physician.

your Simply ask Chiropractor to send a letter to your physician detailing your diagnosis and treatment plan in order to create the most beneficial and customized care for your overall wellness

If you are interested in Chiropractic care you can reach Dr. Wick at her office, River Shores Chiropractic, which is located at 705 Village Green Way Suite 105 in West Bend. **Appointments** can be scheduled by calling (262)



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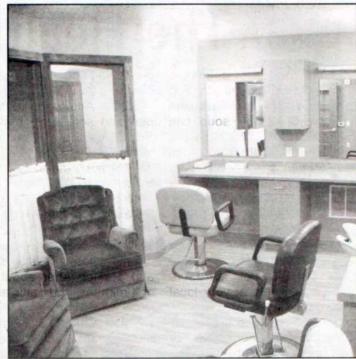
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This one-bedroom apartment at Cedar Bay assisted living in Elkhart Lake includes a kitchenette and private bathroom overlooking Cedar Pond.



Cedar Bay assisted living at Elkhart Lake's Silhouettes Hair Salon is one of many amenities conveniently located on-site for residents.

Statesman photo: Patrick Neumuth | patrick@kewaskumstatesman.

Washington County Aging, Disability Resource Center expands services

WEST BEND- The Aging and Disability Resource Center of Washington County (ADRC) has expanded their hours to be open until 7:00 p.m. on Mondays. The ADRC is now open from 8:00 a.m. until 7:00 p.m.

Now individuals can call or stop in the evening on Mondays, as well as, their current hours of Tuesday through Friday 8:00 a.m. until 4:30 p.m.

The ADRC is a place where older adults or those with disabilities age 15 -59, of any income and with any need, can find information and resources at no cost. The staff at the ADRC is "here to help."

The ADRC staff will provide information FREE to the general public about services, resources and programs in areas such as: disability and long-term care related services and living arrangements, health and behavioral health, adult protective services, employment and training for people with disabilities, home maintenance, nutrition and Family Care.

In addition, the ADRC staff will also provide help to connect people with available county, state and federal services and how to apply for Social Security Income, Food Stamps and Medicaid as needed.

The ADRC serves any adult over the age of 60, as well as, any adult over 18 with physical or developmental disabilities. In February of 2008 the ADRC began serving two new populations: children with disabilities who are transitioning into the adult services system and adults with mental health or substance abuse concerns.

The ADRC also continues to provide assistance to caregivers and concerned family members, friends or guardians. If you have questions and/or concern, the individuals at the ADRC are warm and understanding. They can answer simple questions and assist when you need to make decisions during confusing or difficult times. Call (262) 335-4497 or 1-877-306-3030.



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Crafts 301-400-005 301-400-006 815-644-017 301-400-006 815-646-003 815-644-018 301-400-007 301-404-008 306-422-011 306-426-002 001-432-002 001-439-003	Beginning Quilting - Spring Projects Quilting Techniques - Spring Projects Explore Watercolor Beginning Quilting - Summer Projects - Red, White & Blue Quilting Techniques - Summer Projects - Red, White & Blue Fundamentals of Drawing Explore Watercolor Beginning Quilting - Summer Projects - Red, White & Blue Quilting Techniques - Summer Projects - Red, White & Blue Quilting Techniques - Summer Projects - Red, White & Blue Card Making- Make Your Own Cards Scrapbooking - Your Vacation Handmade Card Making Floral Arranging 1 Advanced Floral Fancies	4/4 4/8 4/8	4/1 4/1 4/25 4/25 5/9 4/22 4/29 4/29 4/15 5/4 5/28 5/28	WWW.ossswwww.TRR	10:00 10:00 6:30 9:00 9:00 10:00 6:30 10:00 9:00 9:00 9:00 9:00 5:30 5:30	1:00 8:30 12:00 12:00 12:00 8:30 1:00 12:30 12:30 12:00 8:30 8:30	4 4 4 6 6 4 4 1 3 2 8 8	\$33.12 \$33.12 \$23.41 \$33.12 \$33.12 \$28.00 \$23.41 \$33.12 \$33.12 \$33.71 \$28.26 \$18.56 \$18.56 \$62.23
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802-465-004	Spanish, Beginning - Part 2	3/11	4/29	W	6:00	9:00	7	\$57.38

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The Statesman



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Winter comfort foods bear chill of cabin fever

With cold weather in Wisconsin, winter comfort foods such as a succulent stew or savory soup can tame even the most severe cases of cabin fever. give things a little twist, try adding a little of what our state is famous for, BEER.

Enhancing the character of your favorite cold-weather dishes by cooking with beer or enjoying one of several winter seasonal craft beers now available at your local liquor mart.

Beer has natural grain, herbs and yeast, all ingredients that can help magnify the flavors in a dish. Chef Steve Bolling of Champps Americana in Brookfield offers up these recipe twists on traditional favorites'

Winter Ale Braised Beef Stew with Fresh Bread Bowl

What you'll need:

- 2 lbs beef sirloin tips, 1" dice .5 tsp freshly ground black
- pepper 5 tsp salt
- .25 cup flour
- 4 Tbs. olive oil
- 1 bottle Blue Moon Full Moon Winter Ale
- 1.5 cups white onion, diced
- 1.5 cups celery, diced 1.5 cups carrots, diced
- 1 cup peas, frozen 2 Tbs. chopped garlic
- 2 cups beef broth
- 2 Tbs. Thyme
- Season beef cubes with salt and pepper and dust with flour Add 2 Tbs. olive oil to a Dutch oven, add beef cubes and sear until browned on each side (you may need to sear meat in batches to prevent

crowding the pan). Transfer beef to a bowl

- 2 Add beer to the pan and scrape up brown caramelized bits from the bottom. Simmer to reduce beer by half. Pour beer over
- Add 2 more 3 tablespoons of olive oil to the pan. Over high heat, onions, celery and carrots. Season with salt and pepper. After about 3 or 4 minutes, add garlic and allow vegetables to soften slightly. Add beef mixture back to pan along with beef broth and return to a boil. Cover and reduce heat to a simmer
- After about 10 minutes, check stew to make sure it is slowly simmering. (Don't boil the stew or it will toughen meat). Reduce temperature if needed to obtain a slow simmer.
- After an additional 20 minutes, add potatoes, peas and thyme. Simmer for another 40 minutes. If stew still has a lot of liquid, simmer with the lid off (this will help to reduce and thicken stew, as well as intensify flavor). Stir stew occasionally to prevent it from scorching on the bottom.

***After a total of 1-1/4 to 1-1/2 hours cooking time. stew meat should be fork tender. Adjust seasoning with salt and pepper, if necessary. and serve immediately in a bread

Research has shown that comfort foods can increase the body's serotonin levels, relieving negative emotions of stress. worry and sadness, while inspiring positive emotions

like joy and relaxation. Here's another hearty dish from Chef Bolling:

Wisconsin Nut Brown Ale Cheddar Cheese Soup

- 1.5 # butter
- yellow onions, 1 cup chopped
- 1/2 cup carrot, diced
- 1/2 cup celery, diced
- 3 oz Canadian Bacon, diced
- 1. In a large saucepan over medium heat, melt the butter. Add vegetables, Canadian bacon and sauté until soft, about 5 minutes.
- 75 cup flour
- 1 tsp dry mustard
- 1 tsp paprika
- 1 tsp salt or to taste
- 1 tsp freshly ground black pepper or to taste
- 2. Add the dry ingredients and cook, stirring constantly,

about 5 minutes

- 16 oz can chicken broth
- 4 cups milk
- 12 oz Leinenkugel's Fireside Nut Brown Lager
- 1 tsp crushed red pepper
- 2 Tbl Worcestershire sauce
- 3. Gradually stir in the liquids. Cook over medium stirring constantly, heat. until the soup comes to a boil. Reduce the heat and simmer until thickened. Do not let it boil.
- 1/4 cup parmesan cheese. freshly grated
 2 .5 cups sharp cheddar
- cheese grated
- 4. Stir in cheeses until they melt.

The beers mentioned in this article are avialable locally at Reis' Sausage Plus Spirits, 1435 West Washington Street in West

Experiment complementary flavors and contrasting elements in your beer and food combinations. Find harmonies in the flavors and aromas particular to a seasonal beer style and the foods paired with the beer. The colder weather is the perfect time to enjoy or cook with some of the heartier, more robust beer varieties available this winter season so enjoy.



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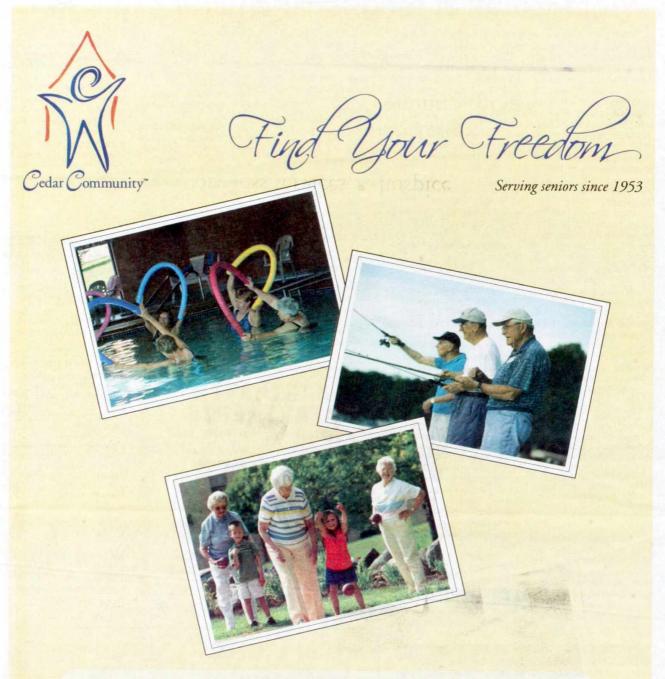
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