

Western Canada's "Horn of Plenty" Offers You Health & Wealth. Western Canada for years has helped to feed the world... The same responsibility of production still rests upon her. White high prices for Grain, Cattle and Sheep are sure to remain, price of lands much below its value.

The KITCHEN CABINET. Never delay To do the duty which the hour brings. Whatever it be in great or smaller things: For who doth know What he shall do the coming day?

ALL MUST BE FED Practically Every European Country Short of Foodstuffs. Considerable discussion is taking place in the papers as to the amount of money that the United States will have to pay for its guarantee of the price of wheat for 1919.

under the circumstances food enough can be supplied to tide Germany over until the next harvest. It is quite clear from all this that the world is going to depend more than ever upon this continent to keep the wolf from the door until the war-devastated and anarchic-ridden countries in Europe can once again feed themselves.

WRIGLEYS The Flavor Lasts! Always the best buy for the price. The greatest five-cents worth of beneficial refreshment possible to get. The Flavor Lasts. Wrigley's Spearmint, Juicy Fruit, Doublemint.

BROOD MARES In foal or foal at foot, having Distemper or Influenza, or any other form of Contagious Disease, may with absolute safety to Mare and Foal, be given SPOHN'S DISTEMPER COMPOUND. It is also the very best Remedy to prevent mares slipping foals, and should be given to all Mares, Colts, Stallions and all others, in bran or oats, or on the tongue.

JAP ADVERTISERS NOT SLOW MARRY ON LITTLE CAPITAL. Experts of the Occident might even borrow a few ideas from their Oriental colleagues. When an African boy in Congo-Belge reaches the age of eighteen and has saved what in American money would be about two dollars, which is enough to buy a piece of cloth for himself and his wife, he proceeds to get married.

INVITING DISHES. The wholesome parsnip, which is not liked because of its sweetness, may be parboiled, then the water renewed, and when tender peeled and fried in bacon fat. They may be mashed and seasoned, like potatoes, or mashed and served as fritters by dipping a spoonful at a time into fritter batter and trying in deep fat.

Hot Stew.—Cut cabbage with a fine slicer or shredder, and bruise with a potato masher, to bring out the juice. Beat two eggs, add two tablespoonsful of sugar, a tablespoonful of butter, a quarter of a teaspoonful of mustard, a dash of cayenne and a cupful of mild vinegar.

Important to all Women Readers of this Paper. Thousands upon thousands of women have kidney or bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney or bladder disease. If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

SOME OF THE MANY POTATO RECIPES. There are several hundred ways of serving potatoes and there should be no monotony in the serving of this common vegetable. Potato and Nut Sausage.—Take two cupfuls of mashed potatoes, add one-half cupful of milk, one cupful of finely chopped nuts; salt, pepper, celery salt and onion juice for seasoning may be added to suit the taste.

Girls are delicate vessels, which require a small fortune every season to keep them in saills. Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletch. In Use for Over 30 Years. Children Cry for Fletcher's Castoria.

PROTECT YOUR PATENTS MORSSELL & KEENEY Solicitors of Patents and Trade Marks. WANTED MEN and WOMEN to Learn the Barber Trade. Why wait to be told again? It pays, it costs no experience, necessary tools free.

Means Family Comfort when the boiling pot of Postum sings its song of health and satisfaction on the kitchen stove. THE ORIGINAL POSTUM CEREAL led the way to comfort for many a family of coffee drinkers, for with the coming of Postum, away went the headaches, nervousness, sleeplessness and irritability that so often follow the use of coffee.

Early American Statesman. Alexander Hamilton, one of our greatest statesmen, was sometimes called "Alexander the Copper-Smith," because of the copper cents he had made in 1793, when he was secretary of the treasury. These pennies were very unpopular with the people. He was killed in a duel by Aaron Burr.

The Hess Pipeless Furnace with separate compartment and attachment to heat detached room. (Patented.) October, we guarantee to refund, to all early buyers, an amount equal to any reduction we may make. Therefore, you are guaranteed the season's lowest prices on your early purchases.

THE HESS PIPELESS FURNACE Warms the Whole House With One Register. No horizontal pipes; no cold air ducts. The heat is distributed thoroughly and evenly; all cold air is drawn off the floors. Moisture (humidity) added to the air gives your home a healthful summer atmosphere. SAVES COAL—you can burn ANYTHING; the cheapest soft coal gives results equal to anthracite.



**YOUR Job is Not Finished
until YOU Put Him Back
in His MOTHER'S ARMS!**

*From coast
to coast
of this great
country,
patient,
anxious, eager
women now
sit beside
their windows
watching,
waiting*

You know your obligation to the men who rest under the blood-stained soil, and you know your duty to those who now stand guard on the Rhine. Can you think of the one, or dare to look the other in the face, if you falter in your full duty in the Victory Liberty Loan.

Subscribe with every dollar you can spare and all you can save in the months to come, that you may play your part in that divine drama of so many thousand homes—mother and son—wrapped in each other's arms.

Victory Liberty Loan Committee

This space contributed by

KEWASKUM STATESMAN

